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BRITISH 1 MUSEUM 2

7. K. e

¶ Here begynnyth a newe mater / the whiche sheweth and treateth of ꝑ vertues & ꝓpꝛytes of herbes / the whiche is called an Herball.

¶ Cum gratia & ꝓuilegio a rege indulto.



## ¶Agnus castus.



This herbe Agnus castus/that mē do call Tutesayne/& otherwyse Parke leues. This herbe hathe leues cōdelc reed lyke vnto ỳ leues of Orage. And this herbe hathe seno wes on his leues as hath Plā tayne/and it hathe yelowe floures and bereth blacke berys/and it groweth in dry woodes. The vertue of this herbe is/it wyll kepe men & women chast. For as Dioscolidion & Placens do say/this herbe is called Agnus castus/for the knowlege and the vse of this herbe maketh men chaste. Also this herbe wyll open the poores of a man and let out wycked humours and spyrytes of his body. This herbe destroyeth the moysture of mannes sede. Also the same Auctour saythe that yf this be sothen with Fenell sede in Aysell/it is good to destroye the Dropsy. Also yf this herbe be sothen with Smalage and Sage in salte water/and afterwarde ỳ hynder parte of mannes heed be well washed therwith it heleth it & vnbyndeth an euyll that is called Bitarge. Also this herbe destroyeth the fowle lust of lechery/and it be dronken/or yf it be bome about hym. Therfore somtyme they do ete it rosted/bycause it shall kepe thē chaste. For yf this herbe be eten rawe/it wyll engendre heedache. This herbe is good to defye the hardnes and stoppynge of the mylte. Also a playster of this herbe/is good to do away the ache of a mannes heed that is engendred of wycked humours. This herbe is dry.

## ¶Apium.

¶This herbe Apium is an herbe that mē do call Smalache/other Merche. The vertue of this herbe is thus. It wyll make a man to pysse/and open the stoppyng of the lyuer. Also ỳ sede of the herbe hardeth a mānes wombe and it draweth all wycked humours of a mannes body vnto the heed/and to the stomake and the wombe/and therfore it noyeth them that haue the fallynge euyll/& to women that be with chylde. For whā it draweth such humours to the wombe and engendreth/that be ỳ cause of pestylence/and therfore it is commaunded of leches that women that be with chylde/and they that kepe yow kynge chyldren shulde not ete nor drynke of this herbe for drede of the fallynge euyl/for it is hote and dry/and there be spyces therof. The toyce is good for colde playsters tempered with floure and for scaldynge.

## ¶Auetum.

¶This herbe Auetum that men call Auete/otherwyse Dyll. This herbe hathe leues lyke to Fenell/but the sede is somdele browde as Orage sede is. The vertue of this herbe is thus. It wyll make a mā pysse. Also it swageth romblynge in a mannes wombe and wycked wyndes in the wombe. Also it destroyeth the yerynge. The sede of this herbe brent & layde vpon a wounde it heleth soone and namely if a mā be scalded on his membres or on his yerde/strawe the powder theron & it shalbe hole/or what maner euyll that ryseth in a mannes yerde it shalbe hole in the same maner. A playster made with the same powder and shepes talow & blacke sope is good for the Emeraudes. This herbe is hote and dry.

## ¶Apumirisus.

¶This herbe Apumirisus is called Cerfoy or Cheruyle The vertue of this herbe is and it be dronke with wyne it shall make a man to pysse well/and it delyuereth a mā of ache in the raynes & in in the bladder. And it be drōke with wyne/it letteth out and vnbyndeth ỳ wycked wyn

des and vnstoppeth the wombe and the lyuer of all maner wodnesse. This herbe withholdeth castynge. Also a playster made with this herbe tempered with Aysell destroyeth wylde fyre/and heleth the Canker and all other woundes. This herbe is one of the Smalaches. And it it is hote and dry.

## Absinthium.

¶ This herbe is called wormwood. The vertue of this herbe is thus. It is good to conforte the herte and clese the stomake. Galyan sayth that this herbe hathe.ii. vertues. One is laxatyue / and the other is constipulatyue. Therfore Galyan sayth / that yf this herbe be gyuen to an euyll/of the whiche the mater is not fully defyed / it shall harde the stomake/and let the dygestyon. And yf ꝑ the mater be ryped / it shall make a man laxatyue / and easly put awaye the mater. If this herbe be dronken with Spiconarde/it aswageth of the stomake and of ꝑ wōbe that is engēdred of wycked wyndes. Also yf this herbe be tempered with hony / it wyll ease the swellynge in a mannes mouthe. Also it dothe awaye the blacke myste in a mannes eyes/& clereth the syght. Also yf this herbe be pownded with the gall of a Bull / and afterwarde put into a mannes eyes/it putteth away all maner impedymentes of the syght.

## Artamasia.

¶ This herbe is called Mugworte. The vertue of this herbe is thus. If a man bere this herbe aboute hym/he shall not be wery of traucylynge in his waye. Also yf this herbe be pownded with talow/it heleth the sorenesse of mannes fete/and akynge also. And yf it be within a howse/there shall no wycked spyryte abyde. Also yf this herbe bestamped/and tempered with rennynge water/ it heleth the akynge of a mannes guttes / & many other euylles. This herbe his ote and dry.

## Asfodillus.

¶ This herbe is called Affodyll. The vertue of this hbe is that the leues ben good to hele the dropsy. Also the leues of the flowres be good to be dronken to hele the venyme of wycked beestes. Also the toyce of this herbe & Myrre and Safron tempered togyder in whyte wyne/ and a lytell boyled ouer the fyre/and clensed throughe a clothe/is good to hele rennynge eyes. Also the roote of this herbe brent to powder / is good to hele sore eeres / & to restore them agayne. Also take an harde clothe that is roughe and wete it in the toyce of the herbe/& rubbe ꝑ Morfu therwith syttynge agaynst the sonne / & yf shall do awaye the Morfu. This herbe is hote and dry.

## Aristologia longa.

¶ This herbe men do cal it Reed mader. The vertue of this herbe is thus. It wyll vnbynde the stoppynge of ꝑ lyuer & let passe wycked wyndes that be stopped within a mannes body. Also yf it be dronken with wyne/it clenseth and purgeth all men of all maner venyme that is a in mannes body. Also it clenseth & purgeth al maner of dyseases that be roted within and without in ꝑ veynes/ and in the tethe that ben rotten. This herbe is hote and dry. And it must be gadered in herueste. There be.ii. spyces therof.

## Aristologia rotunda.

¶ This herbe Aristologia rotunda men do call it Galyngale neke. And the vertue of this herbe is thus. As ypocras dothe say. If the sayde herbe be dronken with hote water/thā it is medycynable and curable for those men that be stopped in the brest/& for the fallynge euyll/

and for the Podagre and for ꝑ Crampe. This herbe is hote and dry/and it must be gadered in herueſt/and it is a ſpyce of the reed Mader.

¶Abrotinum.

¶This herbe Abrotinum men call it Sothernwood. The vertue of this herbe is thus / that yf they breke the ſede and drynke it with water. It heleth men that haue ben byten with ony venemous beeſt. Also this herbe deſtroyeth wormes in mannes wombe. Also powder of this herbe medled with barly mele vnbyndeth and breketh harde poſtumes. Also this herbe brent & the aſſhes medled with oyle/it reſtoreth there as ony man lacketh heer. This herbe is hote and dry.

¶Amcos.

¶This herbe Amcos hathe leues lyke vnto Eldren/but they be leſſe/and the ſede is lyke to perſly ſede. The vertue of this herbe is thus. If it be tempered with hony it ſleeth wormes ꝑ in a mannes body / and it vnbyndeth the great ſtoppynge of wyndes/and it breketh the ſtone and it chaſeth a mannes ſtomake that is colde / it chaſeth the lyuer and the reynes/and it heleth woũdes and the bytynge of venemous beeſtes. This herbe is hoote and dry.

¶Alleluya.

¶This herbe Alleluya men call it woodſowre or ſtubworte. This herbe hath. iii. leues/of ꝑ whiche. ii. be roũd a lytell departed aboue. And it hath a whyte flowre/but it hathe no longe ſtalkes/and it is wyndſowre/ and it is lyke. iii. leued graſſe. The vertue of this herbe is thus. If it be roſted in the aſſhes in reed docke leues or reed worte leues / it freteth away deed fleſſhe of a wounde. This herbe groweth moche in woodes.

¶Aſterion.

¶This herbe Aſterion growth amonge ſtones and in hyghe places. This herbe ſheweth by nyght. This herbe hathe yelowe flowres hole and rounde as a Cockbell or elles lyke to Forgloues. The leues of this herbe be roũd and blewe / and they haue the marke of the moone in ꝑ myddes: as it were. iii. leued graſſe: but the leues therof be more and they be rounde as a peny: and the ſtalke of this herbe is reed / & this herbe ſemeth as it were muſke and the ioyce therof is yelowe. And this herbe groweth in the newe moone without leues/ and euery day ſpryngeth a newe leke to the ende of. xv. dayes / and after. xv. dayes it loſeth euery day a leke as the moone waneth / & it ſpryngeth and waneth as dothe the moone: and wher that it groweth there groweth great quantyte. The vertue of this herbe is thus. They that ete of the berys or of the herbe in wanynge of the mone: whan he is in ſigno virginis: yf he haue the fallynge euyll he ſhall be hole therof: or yf he bere this herbe aboute his necke he ſhalbe holpen without doubte: and it hathe many other good vertues.

¶Agrimonia.

¶This herbe Agrimonia men call it Egromony. The vertue of this herbe is thus. And it be eté the herbe and the roote grene it heleth the akynge of the wombe. Also yf the herbe be dryed and pounded to powder & dronke with water it is good for the ſame euyll. Also the ſayde herbe tempered with Ayſell is good to hele a wounde that is hurte with yron. Also this herbe vſed in meet is good to hele the akynge of the ſores in the nylte: and it is good for Treytys.

¶Auantia.

¶This herbe Auantia is called Auance. The vertue of this herbe is thus. If it be dryed and powder made ther

of with whyte wyne warmed ouels luke water/ & gyue it to a man that hathe ỹ feuers/ & it shall helpe hym moche & ease hym. Also it heleth woundes and Cankers yf it be dronken.

¶ Altea.

¶ This herbe is called Holyhocke/ or the wyld Malow. The vertue of this herbe is thus. Take and stampe it & fry it with shepes talow/and make a playster/ and lay it to a potager man/& it shall helpe hym within.iii.dayes. By experyment al Auctours do say & affyrme/that this herbe soden with Vyneger and Lynsede/and a playster made therof & layde to the syde of ony persone/it departeth and helpeth wycked gaderynges that be gendred in a mannes body. This herbe groweth in gardenes and in moyst places.

¶ Amarisca.

¶ This herbe is called Dogge fenell/or Maythis. This herbe is moche lyke to Camamyle / for it hathe a whyte flowre as Camamyle/but it stynketh. The vtue of this herbe is. It is good to drynke the ioyce therof for to hele the Canker and the pypes of the Emerawdes. And ther be.ii.spyces therof. The one hathe a whyte flowre/and the other hathe a yelow flowre/and it groweth in corne.

¶ Auricula muris.

¶ This herbe is called Mouscere. The vertue of this herbe is thus. If it be dronke it helpeth the Quynsy. Also the ioyce is good to hele all maner woundes.

¶ Apium emorroidarum.

¶ This herbe is called Crowfote. This herbe hathe leues departed/as it were Rammes fete. This herbe hath a longe stalke in the myddes/and groweth in watry places/and hathe yelow flowres.

¶ Apium ranarum.

¶ This herbe Apium ranarū that men call water crowfote. This herbe hathe yelow flowres / as hathe crowfote and of the same shappe / but the leues are more departed/and it hathe a longe stalke/ and out of that one stalke groweth many stalkes small by the sydes. This herbe groweth in watry places.

¶ Artiplex domestica.

¶ This herbe Artiplex domestica men call it Orage or Medollus.

¶ Anabulla.

¶ This herbe Anabulla men call it Spurge.

¶ Acus demonis.

¶ This herbe Acus demonis is an herbe that men call Doukencll.

¶ Argentilla.

¶ This herbe argentilla that men call Argentyll. This herbe hathe lytell leues somdele roūde/ and within they be ragged as it were the leues of Eufrasy/and it groweth moche ymonge wheet/and there be two spyces therof the moore and the lesse.

¶ Acus mustela.

¶ This herbe Acus mustela is called groundwesell. It is good for playsters.

¶ Allium.

¶ This herbe Allium is called Garleke. The vertue of this herbe is thus. It wyll vnbynde all wycked wyndes within a mannes body. Also it helpeth a man to make water. But it noyeth a mannes eyes/bycause of ỹ great byndynge and drynkynge that it hathe vertuously / it drynketh and destroketh the syght. And also it destroyeth and heleth venyme within a man. Also it heleth all colde soores as it were treacle. Also it heleth scabbes & Morfewes or bladders in what maner place they be in

a mannes body/ſo that it be well froted therwith. This herbe is hote and dry.

¶ Anisum.

¶ This herbe is called Anyse. The vertue of this herbe is thus. It vnbyndeth the stoppynge of the lyuer and of wycked wyndes and of great humours & vncloseth the mylte. Also it styrreth a mā to make water and to swete. Also this herbe maketh a mannes wombe laxatyue / yf it be to harde/and the seed must be parched or rosted in all maner medycynes/than it wyll worke ꝑ rather. This herbe is hote and dry.

¶ Hic incipit litera B. Et primo de Bethonica.

BEtyne men do call this herbe. The vertue of this herbe is thus. If it be stamped and thā layde to a wounde in the heed that is smyten with a stroke/it shall hele the wounde fayre/and drawe out the broken bones yf there be ony as leches do say. Also yf a mannes eyes do ake/take the water or ꝑ ioyce therof / & it shall amēde them greatly. Also take Betyne & stampe hym and temper hym with water or with wyne warmed/ and drynke it .v. dayes/and it shall destroy ony webbe in the eyes of ony persone. Also yf your eyes be watry/ ete euery day a lytell Betyne/and it shall do the moche good. Also yf you haue akynge eeres/take the ioyce therof and temper it with Roose water/and warme it a lytell/ and droppe it in thyne eeres/and stoppe them with woll/ & thou shal be hole. Also yf thou do blede moche at the nose / take & stampe Betyne with salte and stoppe thy nose therwith and it wyll staunche. Also yf thou haue sore tethe / with Vyneger or with Ayscll/let it sethe well tyll it be more than halfe wasted / than as hote as thou maye suffre it/ supp therof and holde it in thy mouthe tyll it be colde/ than spytte it out/and do this ofte and thou shalbe hole

Also for the Coughe take ꝑ ioyce or powder of Betyne and medle it with hony / and make therof a lectuary / & vse it .ix. dayes and thou shalbe hole. Also yf a man may not holde his meet within hym / take ꝑ same medycyne and gyue hym .iii. sponefull therof with a sponefull of water. Also yf a mannes yerde be swollen or that it be sore take Betyne and stampe it with whyte wyne tempered and it shalbe hole. Also yf a man be Potagre take Betyne and sethe it well in water/& gyue it hym to drynke/ and washe his fete therwith / and lay the herbe aboute his fete on a clouthe/and it wyl amende hym moche. Also take and ete Betyne or powder therof / and you shal not be dronken that day. All these medycynes haue be proued of this herbe. This herbe is hote and dry.

¶ Balsaminta.

¶ This herbe Balsaminta is called Hors mynte / or els water mynte or Broke mynte. And also this herbe doth growe in watry places. The vertue of this herbe is thus It conforteth a mannes stomake/& maketh a man well to defy his meet. Also the ioyce and claryfyed Hony & Reed wyne boyled togyder/shall do awaye the cold fro a mānes stomake/and wycked wyndes within hym. Also the ioyce or els the powder of the herbe dronken with Reed wyne hote/it maketh women that be with chylde soone & easly to be delyuered of theyr chyldrē. This herbe is hote and dry.

¶ Bete.

¶ This herbe Bete is called Comyn. And therbe .ii. spyces therof/as Diascorides sayth. The one is whyte/the other is blacke. The vertue of this herbe is thus. If the ioyce therof be put in the nose thyrlles of a man/it clenseth a mānes heed. Also it aswageth the akynge of the eyes of euery persone. It clenseth the heed from nyttes

Her. B.ii.

and frome other vermyne. Also it repareth and amendeth a mānes heere of his heed. Also this herbe destroyeth botches and byles. Also Diastolides sayth. If a mā vse ouermoch of this herbe that it nourysheth wycked humoures in a man for it is hote.

¶Borago

¶Borago is a comune herbe/the vertue therof is thus. It wyll clense the reed colour of a man. Also this herbe is good to destroy the Cardiacle and the postumes that be gadered of the blacke Colour. Also the water dr̄ke with wyne maketh a man gladde and mery. This herbe is hote and moyst.

¶Bugla.

¶This heebe Bugla is called Brownwort. This herbe hathe leues lyke a browne colour with a blewe flowre & somwhat boystous. The vertue of this herbe is thus. It wyll hele woūdes in a mānes heed. And yf this herbe be dronken it helpeth and strengeth the bones that be broken in a mānes heed. Also this herbe breketh and destroyeth the rewme and the akynge of the heee. This herbe groweth in woodes moche and it is hote and dry.

¶Burneta.

¶This herbe Burneta is called Burnet. This herbe hathe blewe flowres as hathe Heyghhoue and small ragged leues lyke Tansy leues. The vertue of this herbe is thus. It wyll destroy the great humoures and laxatyue within a man. Also it openeth the steppynge within a mannes lyuer/and maketh a man to pysse well. Also it maketh one to auoyde the yelowe euyll. Also a porcyon of this herbe medeled with hony and whyte wyne/helpeth and vnbyndeth sore stytches of the rybbes and in ȳ teetes. Where be.ii. spyces therof/ȳ one groweth on hylles and the other in medowes.

¶Bursa pastoris.

¶This ȳbe Bursa pastoris is called Sheepherdes purse This herbe hathe a small stalke and full of braunches & ragged leues and a whyte flowre. The coddes therof be lyke a purse. The vertue of this herbe is thus. Drynke it with reed wyne or with mylke/and it wyll staunche the blody menson. It is hote and dry.

¶Borago sylueſtris.

¶This herbe Borago sylueſtris is lyke to comune Borage/but the leues be somwhat smaller/and it groweth in feldes and in wayes.

¶Billire.

¶This herbe is called Byller. The vtue therof is good to rype botches/and it is hote and dry.

¶Camamilla.

¶This herbe is called Camamyll. The vertue of this herbe is thus. If it be dronkē with wyne/it wyll breke ȳ stone. Also it destroyeth the yelowe euyll. It helpeth ȳ akynge and the dysease of the lyuer. If it be strened/it helpeth and swageth the sores in a mannes mouthe. It is good for the akynge in a mannes heed and for the my grayne. This herbe is hote and dry.

¶Calamintum.

¶This herbe is called Calamynte. The vertue of this herbe is thus. It destroyeth a mannes talent. As ypocras sayth there be.iii. spyces therof. One that is stony/another that is of the erth/and the.iii. of the water/and all they be hote and dry. It that is watry maketh a man moyst. It that is stony maketh a man hole yf he drynke it/yf he haue dronke ony venemous drynke. This herbe made in a playster and layde to ony venemous woūde/it draweth out venym soone. Also who so drynketh this herbe.iii. dayes/it shall helpe hym of the yelowe euyll.

The other is perthy/it is helpynge for the Lepre. The ioyce of this herbe and it be put in the eeres of a man/it wyll slee the wormes in a mannes heed / and conforteth the stomake/and helpeth to defy it. And it withdraweth castynge.

¶ Trassula maior.

¶ This herbe is moch lyke vnto Dyppn. The vertue of this herbe is thus. If it be layde to a woundc by it selfe it shall hele it withouten ony other herbe.

¶ Trassula minor.

¶ This herbe is called Stonour/or Stone croppe. The leues of this herbe be somwhat lyke vnto Dyppn/and it groweth on howses & walles. The vertue of this herbe is thus. It wyll make a man to caste.

¶ Tituca.

¶ This herbe is called Hunlocke or herbe Benet. The vertue of this herbe is thus. The ioyce of this herbe kepeth maydens teetes small. Also this herbe ofte dronke kepeth and destroyeth the great appetyte of lechery. Also the ioyce tempered with Swynes grece/destroyeth ỳ hote Potagre / and swageth the great swellynge / for it is colde and dry.

¶ Centaurea maior.

¶ This is named ỳ more Centory or the erthe Gall. His flowres be yelowe in the croppe. His vertue is/yf it be sothen in good wyne/it wyll hele the sekenes of the lyuer. It drawcth out wycked humours in the Mylte. This hathe be proued. And it be sothen in water/it is good to hele a wounde. If there be a Canker and it be anoynted therwith/it wyll make it hole. This herbe is hote & dry.

¶ Centaurea minor.

¶ This is called the lesse Centory. It hathe. iii. braunches comynge out of a roũde more/with a Reed flowre. His vertue is thus. The powder or ioyce hereof is good for bytynge of an Adder/or ony other venymous beest/yf it be dronke with wyne. And ỳ ioyce is good to anoynt sores therwith. If you haue ony venyme within you/powne it small/and tempre it with Aysel and drynke it and you shall cast out all the venyme within you.

¶ Cara.

¶ This herbe is called Careaway. This herbe hathe leues somwhat lyke to Fenell / with a longe stalke /and a rounde sede more thanperlly sede. The vertue of this herbe is to destroy wycked wyndes & the coughe. And it is good for the Frenesy/and for bytynge of venemous beestes. Also this herbe medled/is good for Scabbes & Teters. Also it restoreth heere ther as it is fallen awaye. This herbe groweth in moysty places.

¶ Celodonia.

¶ This herbe is called Celodyne or Teterworte. His vertue is as Polominus sayth/yf the bydes of ỳ Swalowe be blynde/the dame of the bydes fetcheth of this herbe & heleth theyr eyes therwith. It is good for ỳ Canker in a mannes mouthe. It is good for the tothe ake & to clense a mannes heed. This herbe is hote and dry.

¶ Culamen.

¶ This is called Hertnote/Dylnote / Skyrke or Halywort. He hathe leues lyke Fenell with whyte flowres & a small stalke. It groweth in woodes & medowes. His vertue is to ete away deed flesshe. This herbe put to a sore that lacketh heere/it wyll restore the heere & hele the place.

¶ Colewortes.

¶ This herbe is good to clense freshe woundes/ỳ Canker/to nourysshe senowes/& to helpe sore eyes that be almost syghtles. It encreaseth a womãs mylk. The ioyce tempred with Alume and Aysel/it aswageth the Leper &

it is good to kepe a man from dronkenesse. It is hote & dry.

¶ Coriandrum.

¶ This herbe is called Colyandre. The vertue of this herbe is thus. If the ioyce therof be dronken with hony it wyll slee wormes in a mannes body/& hardeth a mannes wombe. The sede therof is good to do awaye the feuers that come the.iii. day. This herbe is hote and dry.

¶ Capillus veneris.

¶ This herbe is called Mayden heere or waterworte. This herbe hathe leues lyke to Ferne / but the leues be smaller/and it groweth on walles and stones / and in ꝑ myddes of ꝑ leke is as it were blacke heere. The vertue of this herbe is thus. It wyll breke the stone & it be dronken with wyne. It destroyeth venyme / and it is colde & dry.

¶ Crocus.

¶ This herbe is called Safron. The vertue of this herbe is thus. It wyll destroy all maner of abhominacyõs of mannes stomake/and wyll make a man to slepe. It is good for many medycynes / and namely for Cookes to colour theyr meet therwith. It groweth in gardenes and it is hote and dry.

¶ Centonodium.

¶ This herbe is called Sparowtonge. The vertue of this herbe is to breke the stone. And it is hote and dry.

¶ Capr̃ifolium.

¶ This herbe is called withwynde/and it hathe a whyte flowre. The vertue of this herbe is good to hele Cãkred woundes/bladders/and akynge tethe/and sores in the toes of a man. Also it is good for the swellynge in a mãnes body that is venymed. This herbe is hote & dry.

¶ Canabaria.

¶ This herbe is called wylde hempe or Holy roppe. It is lyke to Hempe. His vertue is/yf a man haue the fe- uer/frete well his pouce therwith & he shalbe hole. And it groweth in watry places.

¶ Costus.

¶ This is named Coost or lesse Deteyn. His vertue is to hele the sekenes of the brest & of ꝑ longes. And it wyl breke the postume. Also it draweth out euyll humours of a mannes heed. And it is good for a mãnes stomake.

¶ Cepe.

¶ Is named an Onyon. His vertue is to conforte a mã nes stomake. It purgeth somwhat the Flewme. It nes- sheth somwhat the wombe. Also and it be stamped and tempred with Hony & Aysell/it is good for the bytynge of a Houde. Also ꝑ ioyce tempred with womans mylke is good to hele the akynge of eeres. Also the ioyce tem- pered with ony lycoure is good to drynke for ony man that hathe lost his speche. Also the ioyce put in the nose- thrylles breketh out the wycked Rewme & the stoppyng in a mannes heed.

¶ Columbina.

¶ This is named Columbyne. His vertue is good for hym that hathe the Muyney. This herbe must be gade- red in August.

¶ Cominum.

¶ This is called Comyn. The leues therof be mochel ly- ke to Colynadre. It hathe many braũches comynge out of one stalke. It is stronge of sauour. His vertue is to destroy wycked wyndes & other euyls in a mannes sto- make. It helpeth one to make water/& is hote & dry.

¶ Cardiaca.

¶ This is named Cardiake. It hath leues lyke to blide Netelles. And it hath lytell Coddes with sede. His ver-

tue is good for the fallynge euyll.

¶Cisara.

¶This is called a Frenshe Pees. It hathe leues & codes lyke to other Pees/but the leues be not so great nor so longe. And there be.ii. spyces therof.

¶Camelon.

¶This herbe is called a wolufshe thystel or a wylde thystell. It hathe whyte leues great & brode & a reed flowre. It groweth by wayes. The vertue of this herbe is thus If thou take this herbe whan ꝑ sonne is in Capricorne/ and the moone be newe/the whyle thou bereste it aboute the/there shall no myschefe the befall.

¶Cauda pulli.

¶This is named Coltes tayle. This herbe hathe leues lyke to wylde Comyn/but they be not stalked lyke.

¶Cabochis.

¶This is named Frenche wortes. It is hote & dry.

¶Caulus gallica.

¶This is named wylde Tansy.

¶Caulus agrestus.

¶This is an herbe that men call Glaude or Kouratum The leuesbe lyke to Plantayne/but they be not somoch It hathe a whyte flowre and groweth in waters.

¶Cimbaria.

¶This herbe men do call it Penyworte. This herbe hath rounde leues. It groweth in walles.

¶Consolida maior.

¶This is named Cõfery. It hathe leues lyke to Horshelue/but they be not so whyte. There be.ii. spyces therof. One with a whyte flowre/the other with a reed. His vertue is/yf a man be brosed or broken within / take the rootes of this herbe & rost them in the asshes/and let the seke ete therof fastynge thryes & he shalbe hole. Also it helpeth to gadre broken bones: It is hote and moyste. And it bereth blacke sede.

¶Consolida minor.

¶This is called Daysy or Browlworte. His vertue is yf it be stamped and layde to a botche/it shall hele it and breke it/for it is a spyce of the Confery.

¶Consolida media.

¶This is called Bothym. This herbe hathe lõge leues and a lytell endented/and a whyte flowre/and ꝑ flowre is somwhat lyke to the Daysy.

¶Hic incipit litera D. Et primo de Dragancia.

DRagaunce or Serpentyne this herbe is called. The vertue of this herbe is thus. If it be stãped and dronken with wyne/it dothe awaye all maner of venyme. Also it dothe away the akynge of eeres yf they be anoynted therwith. Also the powder therof blowen in a mannes nose/shall clense a man of the rewme. Also it is good to destroy the Coughe. And to destroy the Canker and the fretynge of wycked wyndes. This herbe is hote and moyst. It must be gadered in June & July.

¶Diptanum.

¶This is called Dytander or Dctayne. The vertue of this herbe is thus. If it be dronken/it wyll delyuer a woman of a deed chylde. Also this herbe wyll drawe out a thorne or an yron out of a mannes body. This herbe is hote & dry.

¶Dancus asininus.

¶This is called Danke. His vertue is to helc ꝑ dropsy and bytynge of venymous beestes. Also it openeth the stoppynge of the lyuer and of the mylte. Also it vnbyndeth ꝑ wõbe & maketh it laxatyue. And it is hote & dry.

¶Dens leonis.

¶This herbe is called Daundelyon. The vertue of this herbe is thus. The Moore is good for ꝑ Feuer rotydyan.

## Dens canis.

¶ This is named Houndestothe. It hathe leues lyke to Daũdelyon/ but they be lesse/ & the braũches be not lyke/ and they droppe mylke.

## Dancus creticus.

¶ This herbe hathe leues lyke to wylde Poppy/ but the leues be more whyte. It hathe a flowre of purple colloure/ and it groweth in wheet. This is hote and dry.

## Dragantia.

¶ This is named Dragauncekemell. It hath leues lyke to Rew/ but it hathe whyte specks. It hathe an euen stalke the lengthe of .ii. cubytes. And it bereth sede as it were a clustre of grapes & they be yelowe. It groweth in moysty places. The vertue is yf it be stamped & medled with oyle & put into the eyes of a man/ it shall do awaye the akynge therfro. Also the Moore therof & the Moore of the whyte Onyon stamped therwith & tempered with Hony/ it heleth all woundes that the Canker hathe be ryfen in. Also who froteth his handes with the Moore/ yf it be in May/ without doubte he may take Adders/ they shall not venymne hym. Also the ioye destroyeth ỹ derknesse aboute a mannes eyes/ yf they be anoynted therwith. Also yf the ioyce be dronken with wyne/ it destroyeth Lechery. And it is moyst and colde.

¶ Hic incipit litera E. Et primo de Elena cãpana.

Elena campana is called Horsheltne. The vertue of this herbe is thus. If a mã haue wagyng tethe & he ete of this herbe/ they shall fasten agayne. It helpeth a man to make water yf it be dronken. It delyuereth a woman of a deed chylde. It is good for the Coughe. It hardeth a mannes wombe. And it is hote and moyst.

## Endiuia.

¶ This Hbe is called Endyue or Sowthystel. His ỹtue is yf the ioyce therof be medled with hote water & dronken it helpeth the stoppynge of the myte and of the lyuer. [illegible] the yelowe euyll and the feuer tercyan. It is good for hote postumes and to swage great heres of the lyuer and of the stomake. And it it is colde and moyst.

## Eruca.

¶ This herbe is named Scotwhyte. This herbe hathe leues lyke to Byllerym/ but they be not so longe/ and it hathe a greater Moore. His vertue is. The leues be good to hele a mannes mouthe/ yf it be holden longe therin. Also the ioyce of this herbe sothen & afterwarde dronke it destroyeth ỹ blacke colloure. Also this herbe ofte vsed styreth a mã to Lechery & to make water. Also ỹ Moore stamped and medled with oyle & hony clenseth a mãnes chyne yf it be anoynted therwith. Also the ioyce therof dronken/ delyuereth men and women of the coughe/ for it is hote and dry.

## Eufrasia.

¶ This is called Eufrasy. It is good for eyes. And it hathe a lytell ragged lefe.

## Ebulus.

¶ This is called walworte. It hathe leues lyke to Elder leues. It hatcha longe stalke. The vertue of this herbe is good to destroy the Dropsy/ scabbes/ and teters. And it drawethe awaye all wycked humours out of a man. This herbe is hote and dry.

## Edera.

¶ This herbe is called Iuy: This herbe is lyke to Bryan. The vertue therof is. If it be sothen in wyne tyll it be thycke/ and than lay it all hote to a botche and it shall breke it. Also yf thou haue ony akynge in thy heed/ take the ioyce therof and oyle of Rosyn and whyte wyne/ &



Her.

medle it togyder and anoynte thy heed therwith/& thou shalbe hole therof.

¶Edera terrestris.

¶This is an erthe Iuy. It hathe leues lyke Catmynte/ but they be not so moch. And it hath a reed flowre. The vertue of it is yf it be sothen in swynes greese / it is good oyntment for all maner aches.

¶Euforbium.

¶This is called Clarey. This herbe hathe leues lyke to Sauge but the leues be broder and roũder. His vertue is/yf it be put in potage/it wyll make ỹ flesshe tendre.

¶Elleborus albus.

¶This is Pelletour of Spayne/or longe worte. This herbe hathe leues moche lyke to Pedelyon / but they be not so moche slytte without / and it hathe a flowre as it were a Parsnep. His vertue is yf it be put into the nosethyrlles of a man it wyll make hym to nese. Also it helpeth scabbes/the morfewe/and teters. Also & purgeth a man of wycked coloures/of the flewme/and of ỹ Emerawdes/ yf it be layde to the place that is dyseased. Also for ỹ toth ache it is good if it be sothē in Aysel/& kepe it as hote as he may suffre it in his mouth. And it is good to purge a mannes stomake and his woumbe. Also the powder therof put in gruell shall slee wormes. And the ioyce medled with mylke shal slee flyes. It is hote & dry.

¶Elleborus niger.

¶This is called Pedelyon. His leues be moche lyke to Longe worte/but they be not so whyte. And it hathe a brode flowre & a blacke rote. His vertue is/yf it be made in powder / it wyll destroy & slee rattes. And this herbe is hote and dry.

¶Epatica.

¶This herbe is called Lyuerworte. His vertue is to destroy and clense the hardnes of the lyuer. Also yf it be medled with fresshe grece/it wyll hele woundes /and it is good to hele the Feuer quartayne.

¶Erpina.

¶This herbe is named Forgloues.

¶Ebulus minor.

¶This is ỹ lesse walworte. It is somwhat lyke to walworte/and the leues be a lytell reder.

¶Hic incipit litera F. Et primo de Flaminula.

HLamula is called Sperewort or Launcell. It is moche lyke to a sperc. And ỹ croppe of ỹ stalke cometh many fayre and small braūches. And it hathe a whyte flowre. And it groweth in waters. His vertue is yf a man haue ỹ Feuers/& the powres of hym be anoynted therwith/he shalbe hole. And it is good to breke botches and byles. And it is hote and dry.

¶Fumus terre.

¶This herbe is called Fumytory or erthe Gall. His vertue is to confort a mannes stomake. Also it gyueth a man an appetyte to meet. And it helpeth a mā to make water. And it openeth the lyuer. And it clereth a manblode. Also yf ony drynke therof with whey / it destroyeth scabbes/ytches/bladders/and wycked humours. It is hote and dry.

¶Fumicretum.

¶This is called Fumycrete. This herbe hathe a longe stalke. And it hathe leues lyke to .iii. leued grasse / and it hathe Coddes. His vertue is yf it be sothen in water / it maketh a man laxatyue without ony peryll. And it is hote and dry.

¶Fragra.

¶This is called Strawbery wyse. The vertue of this herbe is good for blered men. Also it is good to destroy the webbe in a mannes eyes. Also the ioyce of it medled

with hony and dronken helpeth the Mylte.

¶Fabaria maior.

¶This herbe is called Brooklempe. This herbe hathe leues lyke to a Benestele. And it groweth in waters.

¶Fabaria minor.

¶This is the lesse Brookelempe. It hathe leues in maner longe and somwhat rounde lyke to myntes. This is good to lay to a place that is brosed or to swellynge/ yf it be fryed with shepes talow.

¶Filix.

¶This herbe is named Ferne. Of this there be. iii. spyces. The fyrst as Polpodie. The seconde is Osmunde/ and it groweth in dytches and woodes/& it hath a great Moore/as Pyneappics. It is good to hele brokē bones The. iii. is Euerferne/and it groeth in walles. And Polpody groweth in Okes/ it is good to make a man lauatyue. This Ferne that groweth in woodes/ is good to hele the Potagre. And it maketh lenowes stronge.

¶Filipendula.

¶This herbe is called Drepworte. The vertue of it wyll destroy wycked wyndes aboute a mannes lyuer and his mylte. And it is good for ꝑ stone/ this herbe is hote & dry.

¶Feniculum.

¶This herbe is called Fenell or Fenkell. The vertue of this herbe is thus. If the seed be dryed/it is good and conforteth the stomake. It openeth the stoppynge of ꝑ reynes and of ꝑ bladder. Also ꝑ ioyce is good to do awaye the webbe of the eyes of a man. And it be dronken with wyne and water/ it is good to do awaye all maner benyme. Also the ioyce dropped in the eeres of a man/ it wyll slee wormes in a man. And also yf it be dronken with wyne/it wyll breke ꝑ Dropsy/& all maner swellyng and kepeth hym fro castynge. And yf it be dronken with wyne & water/ it maketh a womans mylke to encrease. Also yf it be medled with oyle/it is good to hele a mannes yerde that is swollen. And this herbe is hote and dry.

¶Farinus.

This herbe is named Hertwood. His vertue is yf it be powned and layde to a soore/it wyll soone hele it.

¶Feniculus porcinus.

¶This is called worme sede. It is good to destroy worines in a mannes body. And this herbe is hote and dry.

¶Febrifuga.

¶This is named Federfoy. His vertue is to confort a mannes stomake. It is good to asswage the axes cotydyan/ꝑ crampe/and to temper it that cometh of colde stomakes. Also it is good to lay to a soore that is byten with venymous beestes/ it wyll hele it shortly and it be layde therto. Also yf it be tempred with Aysell it wyll do awaye the Morfu. Also yf it be stamped and layd to a wounde in the whiche be broken bones/it shall bynde the broken bones togyder and hele them. And the roote therof is good to stoppe the blody menson. And this herbe is hote and dry.

¶Filago.

¶This herbe is called Feldworte or Hoore worte. It is a lytell herbe/and it groweth in wheet.

¶Flaminula.

¶This is called the lesse Sperwort. This herbe hath small leues lyke Gras/but it is sharpe lyke a spere/ and it groweth in feldes. His vertue is/yf a heed be cutte/ it wyll hele it anone.

¶Hic incipit litera G. Et primo de Gratia dei maior.

¶Gratia dei maior. This herbe is called ꝑ more Gratia dei.

¶Granum.

¶This is Gromell or Lychwale. The vertue therof is good for the stone/and for al cuyls in the bladder. This herbe is hote and dry.

¶Genestula.

¶This herbe men call it Genestre or Brome. It hathe leues lyke to Spygeruyll / and it hathe a yelow flowre. His vertue is good to knytte bones & senowes togyder

¶Gencianus.

¶This is a herbe ỹ men call Felwort or Baldomoyne. The vertue of it is/yf it de dronken with water & hony/ it helpeth ỹ swellynge in a mannes body/in his stomake And it is good for venymo⁹ beestes. Also it delyuereth a woman of a deed chylde. And it is hote and dry.

¶Galanga.

¶This is called Galyngale. The vertue of this herbe is thus. It cõforteth the stomake/and maketh hym well to degest his meet / and vnbyndeth and letteth wycked wyndes out of a mannes body.

¶Granum solis agrest is.

¶This is called wylde Gromell. It is somwhat lyke to other Gromell/but the sede therof is somwhat Grey It groweth in Fytches/& it is good for the stone.

¶Gladiolus.

¶This herbe is called Gladõ. The vertue of it is good to make a man to cast.

¶Hic incipit litera H. Et primo de Herba cruciata.

HErba cruciata is an herbe that mẽ call Cronwort This herbe hathe lytell leues & a small stalke with whyte flowres/and it is lyke to a crosse. This is good to hele woundes.

¶Herba Chrystoferi masculi.

¶This is called Chrystofer ỹ male. It hathe leues lyke to the Croulope / but they be more whyte/ & not fully so longe. It hathe yelow flowres. His vertue is to hele the Epulence and the Frenesy.

¶Herba Chrystofori femine.

¶This is called Chrystofer Female. It hath leues lyke to herbe Peter/but they be not in all so whyte/ & it groweth moche by the waters syde/ & it hathe a longe stalke.

¶Herba waltert.

¶This is herbe walter. It hathe leues lyke to Persly/ & the leues be somwhat thycke/fatte/ & tender.

¶Herba Roberti.

¶This is called herbe Robert. It hathe herbes lyke to herbe Benet. And it hathe small flowres lyke to purple colour. And it hathe a stronge sauour. His vertue is to hele woundes. The powder of it wyll flee Cankers.

¶Herba Martis.

¶This is called Mortagon. It hathe leues lyke to the capytall letre M. And some braunches hathe .ix. leues/ & some .x. and some moo.

¶Haslucа regia.

¶This is called woodrose. If the More therof be stamped and drõke with wyne/ it wyll hele a sore in ỹ mouth. Also the sede stamped & dronken with stronge Aysell/ wyll staunche the flyx & make the wombe harde.

¶Herba Petri.

¶This is called the Coulloppe.

¶Herba Ioannis.

¶This is called Saynt Johannes worte. The vertue of it is thus. If it be putte in a mannes howse / there shall come no wycked spyryte therin.

¶Hic incipit litera I. Et primo de Iusquiamus.

IUsquiamus is Henbane. His vertue is good for gowtes/ and namely those that come of malãcoly.

Also the sede therof and the sede of Humlocke medled togyder and a Cãdell made therof/or brent vpon a tyle stone/and let the smoke go vp into a mannes mouthe/in especyall amonge the tethe/and it wyll slee wormes. Also the rotes be good for the tothe ache. And the ioyce therof is good for all woũdes. Also it swageth ꝑ cough and the hote postume/and the hote potagre. Also ꝑ sede of this herbe shulde be gadered in ꝑ moneth of August.

¶ This herbe is colde and dry.

¶ Iscopus.

¶ This herbe is called Iscope. His vertue is/yf a man take the ioyce therof & put it in his mouthe/it wyll hele all maner cuylles in the mouthe. Also it sleeth wormes in a mannes wombe and maketh it nesshe. Also yf it be dronken grene or in powder/it maketh a mã wel coloured. It is hote and dry.

¶ Ireos.

¶ This herbe is called Saue. It hath leues moche lyke vnto ꝑ Flowredelyce. And it hathe a whyte flowre. It groweth in water. The vertue of it is good to hele the akynge of senowes. Also yf it be dronken with wyne or ale/it wyll destroy wycked humours in a mannes brest and the coughe. Also it destroyeth the crampe. It heleth the bytyng of venemous beestes. Also yf a womã haue a deed chylde within her/it wyll delyuer her without peryll. And it is hote and dry.

¶ Iris.

¶ This herbe is called Flowredelyce. This is lyke to an herbe that is called Saue almost in all fetures/but the flowre is moore ynde blewe. And this herbe groweth in water and gardynes. It is of the same vertue that Saue is of.

¶ Iarus.

¶ This herbe is named Cuckkoppyntell. This ꝑbe hathe leues lyke to Mercury/and a flowre lyke to Dragaunce and it is bytter and prickynge vpon the tonge. His vertue is/yf a man haue ony swellynge vpon the tonge/or ony swellynge aboute his eeres/take this herbe & sethe it with Tube rosetatibus in wyne and oyle and with comyn/and make a playster therof and lay it to his eeres/and it wyll make hym hole. Also take the knobbes of ꝑ the roote/and dry them and clense them/and they haue vertue to make a man laxatyue/yf it be cõstypulatyue. Also yf thou wyll make thy face whyte and clere take ꝑ powder of of the rootes and lay it in roose water/& set it agaynst the sonne tyll it be consumed. Do so twyes or thryes. Than rubbe thy face with the powder/or what other place thou wyll to frete awaye the superfluyte of flesshe. This herbe is hote and dry.

¶ Jasia nigra.

¶ This is called Madselon or Bulwede or Knapwede.

¶ Jasia alba.

¶ This is called Gosegras or wyld Tansy. It is good for the clensynge of a mannes lymmes.

¶ Jpia maior.

¶ This is named Pympernell. It hathe leues lyke to Chekyn meet. It is good to hele woundes/& to destroy venyme/and to hele a man of the postume/and to hele sore eyes.

¶ Jpia minor.

¶ This herbe is called Chekyn meet.

¶ Jacinetus rusticus.

¶ This herbe is called Blewbethym or Andode or Randow.

¶ Lanisticum.

¶ Ouache this herbe is called. His vertue is moche in the sede. The Mores therof be good to be dr̃-

ken with wyne to hele a mānes stomuke. And for other euyls within a man. And for to make good degestyon. It is hote and dry.

¶Lingua ceruina.

¶This is called Hartes tōge. The vertue of it is good to type a postume and breke it yf it be sothen with oyle of Roses and a playster made therof. Also yf it be dronken with wyne or ale / it wyll harden a mannes wombe / and it is good for the Coughe. And it is hote & dry.

¶Lilium.

¶This is called the Lyly. The vertue of it is yf it be stāped with talowe and oyle / and a playster made therof / & layde to a place there as the postume is / it shall type it & make it to breke. Also take a great quantyte of ỳ rootes and the sede of the docke / and the Moore of Loueache / and put all these in wyne and oyle the space of .ix. dayes and afterwarde sethe it and clēse it / and do therto wexe and make therof an oyntmēt / & ỳ is good to hele ỳ sore and the hardnes of the mylte. Also the ioyce therof is good to hele the venym of Adders. Also laye the ioyce therof to a woūde that is byten and it wyll hele it. Also take the rootes and roste them & tempre them with oyle of olyue / and lay it to a place that is brent / & it wyl hele it Also this herbe is good for many other thynges & dyseases yf it be dronken with ale / wyne or water. Also it heleth and confortеth moche a mannes senowes. The vertue of this herbe is in the Moores. And this herbe is hote and dry.

¶Ligustrum.

¶This herbe is called Pymrose. This ỳbe is good to potage. Also the ioyce put in a mānes nose wyl destroy the Mygryne.

¶Lingua bouis.

¶This is called Langedbefe. The vertue of this herbe is good to do away the reed coloure of a man / also yf it be dronken it dothe awaye the Cardyacle and other wycked humours of a mannes lōges. Also the ioyce of this herbe dronken with hote water / maketh a man to haue a good mynde and good wytte. This muste be gadered in June or in July. It is hote and dry.

¶Lingua serpentis maior.

¶This is called Adder tonge. This herbe hathe leues lyke to Affodyll / but they be more grene and also more sharpe in the ende. This must be gadered in Apryll.

¶Lingua serpentis minor.

¶This is called the lesse Adder tonge. This herbe hath leues somwhat lyke to Pygyll / & it hath a yelow flowre and out of one stalke cometh many braunches / & it groweth in woodes.

¶Lingua canis.

¶This is called houndestonge. It is good to destroy ỳ cough and the postume. And it wyll type a botche.

¶Lingua hyrcina.

¶This is called Buckeshorne or Swynyskarce. This herbe hath leues faltred as it were an Hartes horne and groweth creppynge by the grounde. And it hathe a lytell whyte flowre. It groweth in watry places.

¶Lupinus.

¶This is called Lupyne. This herbe hath leues lyke to fyue leued grasse. The Lupyne hathe .vi. leues. And it hathe a whyte flowre and a whyte sede that is somwhat broder. And it bereth Coddes somwhat lyke vnto Bene Coddes. The vertue of this herbe is thus. If a mā haue wormes in his wombe / take ỳ sede and make mele therof / & ỳ mele & the ioyce of wormod & hony & make a cake therof & ete it. And it vnbyndeth ỳ stoppynge of ỳ lyuer

and of the mylte. Also it is good to destroy the Dropsy. Also take the same mele and the ioyce of Arsmert and make therof past and lay it to thy eeres and it shall kyll the wormes within them/or yf thou make a Cake & bete it/it wyll do the same. Also yf thou wyll take the ioyce of Lekes and temper it with the mele/and put it in thyn eeres/it shall clense them fro all wycked humoures and stynkynge. Also take the same mele and temper it with oyle/and it wyll breke and rype all maner of postumes. This herbe is hote and dry.

¶Labrum veneris.

¶This is called Sowthystel. The vertue of this herbe is thus. If a man haue the hote Feuer/take ꝑ ioyce ther of and temper it with hote water and let hym drynke it/ and he shalbe hole. Also yf a man haue venyme within hym/take this herbe and dry it and make powder therof and do the powder in good wyne and let hym drynke it and it wyll cast vp all the venyme. This is hote & dry.

¶Lauendula.

¶This is called Lauender. If this be sothen in water/ gyue that water to drynke to a man that hathe the Palsy and it wyll hele hym. It is hote and dry.

¶Lactuca.

¶This herbe is called Lettyce or Slopworte. The vertue of this herbe is thus. If it be eten raw or sothen/ it engendreth good blode. Also this herbe sothen with a lytell Aysell and Safron and than dronken / it helpeth a man that is stopped in the lyuer and in the mylte. Also yf a man may not slepe / take the sede of this herbe and stampe it to powder/and temper it with womans mylke and make a playster therof on lynt / and lay it to the tẽples of thy heed and thou shall slepe well / or els drynke the powder therof with mylke. Also take the sede & temper it with oyle of Rosyn and make a playster and laye it to thy stomake. And it is good to destroy the hote postume. Also drynke the ioyce of this herbe or powder of the sede for it is good to hele the Flyx. But who ꝑ vseth this herbe ouermoche/it wyll destroy they^r syght. This herbe is colde and somwhat moyst.

¶Lactuca syluatica.

¶This is named wylde Lettyse. This herbe hathe leues lyke to the Thystell/& they be sharpe and kene. And it hathe a flowre of purple colour/and it groweth in feldes and in wheet. This herbe is hote and dry.

¶Lactula leporica.

¶This herbe is called Harethystell. This herbe hathe leues lyke to Sowthystell/but the leues be not so endented. It droppeth mylke. The vertue of this ꝟbe is thus. If a Hare ete of this herbe in Somer whã he is madde and he shalbe hole. Also take this herbe & lay it to a mannes syde whan he slepeth/or els that he knowe not therof/and it wyll hele hym of the Feuers.

¶Lollium.

¶This herbe is called Cockle. This herbe hathe vertue yf it be dronken with Radysshe and a lytell salte / it is good to hele the Canker/or other woundes in peryll. Also it is good to conforte the stomake and the lyuer. Also it wyll vnbynde wormes in a mannes stomake. Also it helpeth a man to make water. And it is good for sore eyes. Also subfumygacyon therof wyll make a woman to bere her chylde without ony peryll or harme. Also it wyll alwage the great peynes of akynge of ꝑ Lepur. It is hote and dry.

¶Lappacium rubeum.

¶This is called the Reed docke. If that a man take the ioyce therof and holde it in his mouthe / it wyll alwage

and of the mylte. Also it is good to destroy the Dropsy. Also take the same mele and the ioyce of Arsmert and make therof past and lay it to thy eeres and it shall kyll the wormes within them/or yf thou make a Cake & bete it/it wyll do the same. Also yf thou wyll take the ioyce of Lekes and temper it with the mele/and put it in thyn eeres/it shall clense them fro all wycked humoures and stynkynge. Also take the same mele and temper it with oyle/and it wyll breke and rype all maner of postumes. This herbe is hote and dry.

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¶Lappactum rubeum.

¶This is called the Reed docke. If that a man take the ioyce therof and holde it in his mouthe / it wyll aswage

the tothe ache. Also yf a man haue the kynges euyl/take this herbe and sethe it in wyne and straine it and gyue hym to drynke/and he shalbe hole yf he vse it ofte. Also yf a man rubbe hym with the ioyce / it dothe away euyll ptchynges. Also this herbe is good to delyuer wyndes that be stopped in a mannes stomake by balkynge. Also this herbe is good to make scabbes and botches rype. Also it is good to make a man to haue a harde wombe. This herbe is hote and dry.

¶Linum.

¶This is called Flex. It is good yf a man take the sede therof and sethe it in water/it maketh a man laxatyue/ and it is good to make a plastyer therof for akynge sores. Also there is an other spyce therof that is called Cu stula/it is named Englysshe Dodure / and it groweth amõge flexe. The vertue of this is good to purge a mã of the colour. Also yf it be take a great quantyte therof and sothen in Wyne and oyle togyder / and a playster made therof / it is good for the reynes and for the brest/ and for other akynge lymmes.

¶Lauriola.

¶This is called Lawell. It wyll make a mã laxatyue. And it is good to purge a man of flewme and of ỹ colour. It is good for a man that may not here / for yf the ioyce therof be put in his eeres / or yf the sayde herbe be stampe and a suppository be made therof and layd on cotton/it wyll hele it. This is hote and dry.

¶Lycopsia.

¶This is called Lycopse. The roote of this herbe is swete and it moysteth the kyndly hete of a man. And it is good for the coughe. Also yf it be sothen in watet / it wyll destroy a mannes thrust. Also it maketh a mannes brest/his throte/& his lõges / moyst and in good tempre. This is colde and moyst.

¶Lappa.

¶This is called Klotes or Burres.

¶Lappa minersa.

¶This is called a Clote.

¶M litera. Et primo de Millefolio minore.

Mylfoyle the lesse this herbe is called. There is no dyfference of kynde nor vertue bytwene Mylfoly the lesse and Mylfoly the more / sawe the more groweth in gardenes/& the lesse in wylde places/they be bothe of one strengthe / his vertue shalbe be declared in Mylfoly the more folowynge by lette.

¶Mercurialis.

¶This is called Mercury. His vertue is good yf a man haue akynge in his wombe/gyue hym to drynke ỹ ioyce and he shalbe hole. It wyll clense the stomake/& the sede wyll do the same. Also ỹ ioyce tẽpred with whyte wyne/ is good to hele sore eyes. Also yf a worme or other vermyne haue byten a man / take the ioyce and warme it & washe it. Also yf there be ony wormes crepẽ into a mãnes eeres / take the ioyce and warme it & put it into his eeres and he shall be hole. This is hote and dry.

¶Menta.

¶This herbe is called Mynte. His vertue is yf it be eten/it wyll slee wormes in a mannes wombe. Also yf a man haue botches or other rennynges or swellynge in his heed / take this herbe and stampe it/ and lay it to the sore & it wyll hele it. Also yf a mannes tothe or ỹ flesshe of the tothe ake or stynke / take this herbe and sethe it in whyte wyne and in Aysell/& take that lycoure & washe his mouthe therwith. Than take the powder of ỹ herbe and rubbe well his tethe therwith / and he shall haue a swete smellynge mouthe. Also take thou this herbe

And Aysell and make sauce / & it wyll make the to haue a talent to thy meet. Also whan there shalbe gyuen ony medycyne to destroy venym / it wyll be good to be gyuē with the ioyce of this herbe / for it hathe many vertues / and namely for venym. There be many spyces therof. and it is hote and dry.

¶ Menta romana.

¶ This is called whyte Mynte. The vertue therof is / ꝑ the ioyce wyll slee wormes in a mannes wombe. Also ꝑ ioyce wyll slee wormes in the nosethyrlles of a man. Also the powder therof cast in a mannes meet / shall make hym well to defy his meet.

¶ Malua.

¶ This sshe is named Malow. The vertue of it is good yf the leues be stamped and layde to a mannes stomake it wyll bycke a hote postume in the begynnynge. Otels medle thy herbe with fresshe swynes grece / and lay it on a hote tyle / and lay it all hote to the postume / and it shall ryppe it and bycke it. Also it is good to destroy the hardnesse of a mannes lyuer & his mylte. Also it wyll make a manlaratyue. And it is good for playsters. It is cold and moyste.

¶ Mozell or Myght shadowe.

¶ This herbe is colde and drye in ꝑ seconde degre. The leues / the byaūches / and the fruyte therof be ryght good & best whan they be greene. They be good for stoppynge of the Splenne and the lyuer / and best for the Jawnesse to drynke the ioyce of it with a lytell Rubarbe. Also for a postume in the stomake / in the bowelles or in the lyuer sethe the ioyce therof with Barly water & drynke it.

¶ Mastyke.

¶ This gūme is hote and dry in the secōde degre. It is a gūme of a tree growynge in a parte of the countre of Grece. In the later ende of Uere the men of that countre slytte the trees / & than make the grounde clene aboute and lay clothes rounde aboute the trees / or some other cōynge to kepe the gumme frome the grounde in chosynge of it / to knowe whiche is best to take. The best is whyte and clere. The whyte colour is nexte the best / and that is medled with erthe and somwhat derke. The best Mastyke hathe vertue of constraynynge / confortynge / clensynge / and losynge of humours descendynge frō heed aboue to the eyes and to the tethe / and for the dysease of the temples made of an ascendynge wynde frō the stomake to ꝑ heed. Take powder of Mastyke with whyte swete wyne / and the whyte of en egge and medle them well togyder / and ye wyll ye may put in Frankensence / and playster it to ꝑ temples. Also sethe Mastyke in water & drynke it / and it wyll confort well ꝑ stomake and make good degestyon. And it confortethe & relaxeth the stomake. Also put to it Fenell sede / & it putteth out wynde out of the stomake. Also a playster made of Mastyke & Bole Armonyake & the whyte of an egge & byne ger & layde on the forke of the stomake or brest / it wyll constrayne well the Coleryke vomyte. Also sethe Mastyke in rayne water & drynke it with warme water and this medycyne is good for the Flux of the wombe that cometh of a sharpe lax that was taken before to stoppe hym. Also boyle Mastyke in rayne water or Roos water with .ii. or .iii Cloues / and drynke it warme / and that confortethe the Vomyte & the Flux of the wombe that cometh of sharpnesse and vyolence of the medycyne. Also Mastyke must haue but lytell boylynge for hurtyng of his vertue. And it shulde be gyuen warme / for it cōstrayneth more whan it is gyuen warme / than whā it is ouer moche hote.



Her.

## ¶Magerum.

¶This herbe is hote and dry in the seconde degre. The flowres and the leues be vsed in medycynes. It shulde be gadered in Somer whan it flowreth / and dry it in ꝑ shadowe. It may be kepte a yere. It hathe vertue of cō-fortynge/of losynge/of cōsumynge/& of clensynge. If the powder of it be dr̄ōken in wyne/ orelles boyle ꝑ powder of it in wyne/ and it wyll hete well a stomake. Also it confortcth the degestyon. Also take the leues & flowres of Magerum and powne thē a lytell / and make thē hote in a panne and lay it to the greuaūce/and it taketh away the dysease in the stomake that cometh of wynde. Also for the rewme in the heed / take this herbe & bynde it warme aboute thy heed. Also it dryeth ꝑ mother & consumeth the superfluyte of it.

## ¶Millefoliū maior/or yarowe.

¶Kynge Achylles founde this herbe/ and with it he heled his men that were wounded with yron. For wōdes stampe this herbe with Swynes grece/and playster it to the wounde and it shall hele it. And ꝑ same is good for an ache in the brest or in ꝑ syde. It is good for hym that may not pysse. Take the ioyce of this herbe & vyneger & dr̄ynke it / & mercyously it helpeth a wounde that hath taken colde. Stampe this herbe in butter & laye it to the wounde & it wyll hete it well. Also to degest the stomake or that lyeth therin / take ꝑ ioyce of it and medle it with water and hony & dr̄ynke it warme. Also for dyseases in the body/take powder of it & medle it with wyne or with good ale and dr̄ynke it & it helpeth moche. Also the same is good for the herte brunnynge. Also for the hedache stampe this herbe & playster it to the heed. Also for by-tynge of a wode Dogge/stampe this herbe with ꝑ Graynes of wheet/& it heleth it. Also for hym that maye not holde his meet/stampe this herbe with wyne & dr̄ynke it warme.

## ¶Motherworte/or Mugworte.

¶This herbe in latyn is called Artemesia/and it is hote and dry in the.iii.degre. This herbe helpeth a woman to concepue a chylde / & clenseth the mother / and taketh a woman to haue her flowres/ and it destroyeth mmerawdes on this maner. Fyrst they must be gadered/ thā take powder of Motherworte & of Horehounde togyder / & strawe it on the pappes. Also yf a chylde be dede in the mothers wombe/ take Motherworte & stampe it small/ and make a playster therof / and lay it to her wombe all colde / and with the grace of god she shall haue delyueraunce without peryll. It is good for the stone and the grauell in the reynes of a man or of a woman. If a man bere this herbe vpon hym/there shal no venymous beest greue hym. It is good for yelow Jawnes and it be dr̄ōken with wyne / for it wyll comforte the stomake & make a man or a woman to haue a good colour.

## ¶Maces.

¶This spyce is hote and dry in the seconde degre. Maces be rindes or huskes/it groweth aboute ꝑ Nutmege/ as the rynde groweth aboute the Hasell nutte. It maye be kepte .x. yere in his vertue. It is comfortynge/ dyssoluynge/and consumynge. The knowynge of fyne Maces is thus. It shulde be in colour lyke to fyne golde/ or-eis lyke to the golde that syluer is gylte with / ꝑ whiche hathe a sharpe talage with a bytternesse/ & it loketh lyke to erthe/and this is to be refused/for it hathe no sharpe sauoure. For a colde stomake that maye not dely nor degest well/take Maces & boyle them in wyne & dr̄ynke it. Also a good playster the whiche is best for a feble stomake/make powder of Maslyke and of Maces & medle

them with oyle of Rosesand were and make a playster therof and lay it on the stomake of the seke persone. Also to clense the brayne of superfluous humours/ take a quantyte of Maces and chewe them well in thy mouthe and holde them there a whyle/and that shall lose the fumosyte of humours that ryse vp to the brayne/& purge the superfluyte of it. Also for feblenesse of the stomake and the lyuer of a colde cause/and for the Colyke/& for the dyseases of the spyrytuall mẽbres/or flewme/ boyle Maces in the ioyce of Fenel/and in the ende of the boylynge/put in a lytell wyne/than strayne it and drynke it for it is the best remedy for the forsayde dyseases. Also for the ache of the herte/vse powder of Maces in thy meetes and drynkes.

¶ Menta.

¶ This is called the reed Mynte. It is hote and dry in the .ii. degre. And there be other dyuers myntes /but I meane howse myntes/the whiche properly is sayd garden myntes/for that moost comunely is in medycynes/ bothe grene and dry. For great holsomnes it shulde be dryed in a shadowed place/& so it wyll be kepte a yere in great vertue/to dyssolue or lose/to consume of his propre qualyte/& to conforte of his swete sauour. For the stynkynge of the mouthe & fylthe of the gomes & of the tethe/wasshe thy mouthe & gomes with vyneger & myntes haue be sothen in/after that rubbe hym with & powder of myntes or with dry myntes. To prouoke the appetyte whan an impedyment of the stomake cometh of colde humoures bryngeth in the mouthe of the stomake/ make a sauce of Myntes and vyneger with a lytell Dynamum and Peper and vse it well agaynst vomytes & that come of feblenes of the stomake or of colde causes. Sethe Myntes in Sauge water & vyneger & dyppe it in and lay it on the mouthe of the stomake with & Myntes that be sothen therin. Also gyue to the pacyent to ete of the same Myntes for the Syncopyne and feblenesse in Feuers and without Feuers / or of medycyne / or of what cause it be/stampe Myntes with vyneger and a lytell wyne/yf the pacyent be without Feuer / and yf he be with Feuer/stampe Myntes with vyneger alone/thã make a tost of sowre breed & tost it well tyll it be almost brent/than put it in that lycour & let it ly therin tyll it be well soked/than put it into his nose and rubbe his lyppes/gomes/tethe/and temples therwith and bynde it to the pulse vaynes of his armes /& let the pacyent ete the moystnes that is lefte / and swalowe it in. For to clense the mother/take the tendre croppes of myntes and sethe them in water or wyne and playster it to & share and to the reynes. Agaynst the congylynge in a womans brestes take the small stalkes of myntes and sethe them in wyne & oyle and playster it aboute the teetes. Also be it knowen & whan ony medycyne shulde be gyuẽ agaynst venym/it shulde be gyuen with the ioyce of myntes/ for myntes haue a maner of strengthe of drawynge out of venym/or els it shulde be gyuen with wyne that myntes haue be sothen in for stoppynge of the splenne and the lyuer and of the wayes of the bryne of a colde humoure and of a hote without Feuer. Take the ioyce of Myntes alone or Myntes sothen in wyne or & ioyce of Myntes medled with Hony/and gyue it to & pacyẽt. To slee wormes in the bely / take & ioyce of myntes and drynke it and thou shalbe hole. Also the ioyce of Myntes sleeth wormes in & eeres. For a Teter take the ioyce of Myntes and put therto Brymstone and vyneger and medle them well togyder and anoynt the Teter therwith and thou shalbe hole. For a wounde in & heed stampe Myn-

and lay them on the wounde. For payne in ſyde
[illegible] with ale/& with
[illegible] & drynke it dayly/the
[illegible] & ſyde/but this is the ryght ſyde Myrre.

## Of Nutmegge. Nucis muſcate.

Nutmegge is hote and [illegible]. The [illegible]
grow in yſle. And in the [illegible] of his ryppynge
is couered and [illegible] it maye be kepte. They that
be fayre and heuy after they hynd be beſt to be choſen
and whan they be broken they fall not to powder / but
haue a ſwete and ſharpe ſauour. If they lacke ony
of theſe afore ſayd/they be not good for medycynes. He
hath the vertue of confortynge by his ſwete ſauour. For
coldneſſe & feblenesſe of degeſtyon of the ſtomake/take
in the mornynge halfe a Nutmegge or a hole Nutmegge
[illegible] it. Also for a colde ſtomake that is feble of de-
geſtyon & for the ſtone gryne hym wyne y Nutmegges
is boyled in. Also good for ſame/boyle Nutmegges &
Maſtyke in wyne and drynke it. This is good for y dyſ
eaſe in the ſtomake & in the bowelles to bynde the wynde. Al
ſo in the recouerynge of a ſeken man to confforte the ſpy-
rytuall membres / boyle Nutmegges & Maſtyke in wyne
and drynke it. Also take a Nutmegge and ſmell to it/ &
it wyll confforte the ſpyrytuall membres.

## De Napo.

This is called Nauewe / it deſyreth grounde that is
fatte/dry and ſandy/it groweth beſt in ſuche grounde.
The property of the Nauewe is. He chaungeth & tour-
neth into Rape / and after that it retourneth into Na-
uewe. The beſt do growe in grounde well donged and
tauued. Also it groweth well in places that ſtubble of
corne hath be in in ſame yere. If they growe to thycke
pluche some vp here & there/ſo that the other may proue
y better. And thoſe that you pluche vp/ſet the in voyde
places. They ſhulde be ſowen in y mone of July and in
Auguſt. The beſt ſauced Nauewes be they that be lon-
ge and ſtreyght and not ouer great / nor brauches in the
rootes/but one ſtreyght roote. Also of Nauewes maye
be made a pallynge good meet with a lytell ſalte & pyp-
neger/hony/and Muſtarde/and with ſwete ſpyces/and
it may be made without ſpyces. Nauewes be hote in y
ſeconde degre/& they nozyſhe moche/but they be harde
of degeſtyon. They make the fleſſhe ſofte and wyndy/
but leſſe wyndy than rapes. Therfore whan ye ſethe the
in water caſt that water away / & ſethe them in another
water/and ſo his harde ſubſtaunce is tempzed by that/&
ſo meanely betwene good and euyll they gedze nourys-
ſhynge/for they that be thus well ſothen be not harde of
degeſtyon. They make one wyndy. And they make ſtop
pynge of vaynes and of poores/but yet they be profyta-
ble yf they be ſothen twyes / and bothe the waters to be
caſt awaye/and they to be ſothe in the thyrde with fatte
fleſſhe.

## Cy incipit litera O. Et primo de Olibano.

Olibanum is called Frankenſence. This is hote &
dry in the iii. degre. It is a gume of a tree in Inde
The pureſt is the beſt. Also there be trees of that kynde
growynge in Damaſke/but not ſo clere nor good/for it
is derker of colour/therfore it is to be refuſed in medy-
cynes. It hathe vertue of confortynge by his ſwete ſa-
uour. Also of claſynge and conſtraynynge for the tothe
ache that cometh of ſuperfluyte of humours fro y hede
and ſpecyally by the vaynes/make a playſter of y pow-
der of Frankenſence with wyne & the whyte of an egge/
medle them togyder and playſter them aboute the tem-

ples. Also to stoppe the wayes of the vaynes aboue/take Frankensence and chewe it well in thy mouthe and that shall stoppe and let ꝑ flux of humours comynge downe to the nosethyrles. Make pylles of Frankensence and swalowe them downe in the morynge/than boyle Frankensence in wyne/and at euen drynke that whā thou goes to bedde. Also these pylles be good to helpe the digestyon of the stomake/& good agaynst sowre bulbynges. also to the confortynge and clensynge of the Matryce/ and helpynge of consepcyon in the receyuynge the fume of Frāk̄ensence byneth. Also boyle powder of it in wyne and whan it is metely warme dyppe a clothe in it & laye it so warme to the share of the patyent/& greatly it comforteth the Matryce.

¶ Hic incipit litera P. Et primo de Puna.

PLummes be colde & moyst/some be whyte/some be blacke/and some be reed. They that be blacke and somwhat harde be the best/they be called Damsons And whan they be rype gadre them and slytte them and sprynge vyneger vpon them & so they may be kepte in a vessell of wood a yere. Fyrst whan they be cut/they must be laydē in the sonne .xb. dayes to dry. These Damsons haue vertue of coldnesse & clensynge of the inwarde partes/wherfore they be good in Feuers that be sharpe and for costyknesse of the bely that cometh of drynesse or of colerike humours dryenge. If it be newe/gyue it hym to ete. If it be dry boyle it i water and gyue the patyent to drynke therof. This is good for ꝑ Feuer tercyan/for stoppynge of the lyuer/for the Jawnes & sharpe Feuers It softeth the bely. It is good for defawte of appetyte/ and for many other dyseases.

¶ Piper.

¶ This is called Peper. It is hoté and dry in the .iiii. degre. There be .iii. maner of Pepers/blacke/whyte & lōge Peper. Dialcorides and Constantyne saye that they be fruytes of trees growynge in Jnde. And some say that Peper is made blacke with brennynge in ꝑ fyre/for whā it is gadered ther be great multytude of serpētes about it/therfore they put it in the fyre to brenne the serpētes that be aboute it. The Sarasyns dry it in an Ouen/because it shall not encrease in another lande. But of all ꝑ Pepers the blacke is the best & the most holsome. Take Peper and put it into thy nosethyrles & it wyll make ꝑ to nese. Also sethe Peper and fygges in wyne & drynke it & it wyll clense the spyrytuall membres of toughe humours. And it is for ꝑ pose that is taken of colde. Also for ꝑ same ete powder of Peper with fygges. Also powder of Peper put in a mannes meet confortetb the digestyon of the stomake. Also put lōge Peper in a rosted Apple & ete it & it shall confortе the digestyon. Also powder of Peper wyll frete awaye deed flesshe or prowde flesshe. And longe Peper confortеth more than blacke. Also blacke Peper hathe vertue of losynge/cōfortynge & of drawynge. It clensеth the spyrytuall membres of colde/flewme/& vyscous humours/& best whan the powder of it is eten with fygges/for he hathe a great strēgth of hetynge & of confortynge the stomake & prouokynge appetyte/but to sangwyne & coleryke persones it is not good to vse Peper/for it dryeth and brenneth blode/& it engendreth lepre & other euyll sekenesse. Pluto saythe ꝑ Peper is fowle to se in syght without and blacke within with a sharpe sauour & a swete odour/lytell in quantyte and moche in vertue.

¶ Pympernell.

¶ This herbe is good to hele woundes/and to destroye venym/& to hele a postume & sore eyes.

## Pulegium.

This is called Pulyoll royall it is hote & dry in the iii. degre. In the tyme of flowrynge it shulde be gadered. And it may be kepte in his vertue all a yere. whan it shal be vsed in medycynes/take the leues with the flowres & strype them fro the stalkes. It hathe vertue of lolynge and consumynge. For a colde humour in the heed take powder of it & hete it well in a Skellet/& all hote bynde it to the greuaūce without ony lycour. Also for a great colde taken in the heed & for a tonge humour or a watry humour/make a Gargarisme/sethe pulyall royall and dry fygges in tarte vyneger/& take a good sponfull ther of as hote as ye may suffre it/and holde it in thy mouth tyll it be almost colde/than put it out and take a smoche more/& do so. iii. or. iiii. tymes and that shall purge thy heed well of flewme. Also sethe it in wyne and drynke it and it is good for the dysease in the stomake/in guttes/& for colde causes/or for wynde in the stomake. Also it is good for tonge flewme or flewme in ye brest yf thou take powder of it and medle it with clarifyed Hony & make a lectuary therof & vse to ete therof. Or take the herbe therof & boyle it with wyne hony or water & vse to drynke therof. Also for the blacke colour drynke ye toyce of it or boyle it with wyne & thou shalbe hole. Also for a ytchynge byle/lay this herbe in water & vse to washe the ytchynge therin warme & thou shalbe hole. Also for an ache take this herbe all grene & stampe it & playster it to the ache & it wyll cease the ache. Also agaynst the coughe boyle this herbe in wyne & drynke it luke warme & this wyll make one to pysse well. Also for the dysease in the bely stāpe this herbe with Comyn & water & lay it hote to the Nauyll & lyghtly it shalbe hole. Also for the dyseasem the lyuer stampe this herbe & tempre it with water and vyneger & drynke [illegible] ther of & thou shalbe hole. For an ache in the legges or armes take ye leues of of Elder & Pulyoll royall & of cucumber & make mothe & stāpe them togyder well & playster it to the greuaunce. Also it is good for the Feuer tercyan/yf thou take the braūches of this herbe & wrappe it in a good cloth of lynen & gyue it to the pacyent & let hym smell therto before the Feuer come on hym/& ye shall do hym great ease. Also for heed ache take this herbe & bynd it rounde aboute thy heed/ and anone it ceaseth ye ache. Also yf a woma̅ haue a seed chylde in her wombe/stampe this herbe and gyue her to drynke therof with olde wyne and she shall be delyuered therof by the grace of god. For the Crampe drynke the toyce with vyneger saltynge & wyll it put it away.

## Pencedanū: vel Feniculus porcin⁹.

This herbe is called Hayth/Hogges Fenell/or Hayden wede. This herbe is hote & dry in the iii. degre. whā this herbe is gadered for medycynes ye rote is better tha̅ the herbe. Whā the rotes be gadered/they may be kepte al a yere. It hathe a purgynge vertue. It is good for the Stragolyon or ye flyr/& good for stoppynge of ye splēne & the lyuer/boyle this herbe in wyne or water & gyue it to the pacyent to drynke. Also sethe this herbe in oyle and wyne & playster it to the share & it wyll helpe ye Strangolyon or the Flyr. Also ye same playster is good for hardnesse of the splenne it moysteth well the sayde. Also agaynst ye colde humours of the spyrytuall mēbres gyue hym to drynke water with Barly & this herbe sothen togyder/& yf it be a feruent colde humoure/than sethe the Barly & ye herbe in wyne/& gyue it to ye pacyent to drynk with Lycoryce.

## Petracilium.

This is called Persly. This herbe is hote & moyst in ye

iii. degre. It multyplyeth greatly mannes blode & dothe awaye the Tyfyke. It helpeth well to destroy the Feuer tercyan. It is good for the fyde & the dropfy. It cõforteth the herte & the stomake. And it is good in potage and to stoppe Chekyns.

## ¶ Peritorium.

¶ This herbe is called Perytori & it is hote & dry. The vertue of this herbe is thus. If a man haue an euyll stomake or els akyng within hym / take this herbe and sethe it in thy potage & ete therof and thou shall do well. Also this herbe is good to hele one of ỳ stone / yf he be bathed with it.

## ¶ Pastinaca.

¶ This is called a Pasnep. It is hote & moyst in the seconde degre. There be two maner of Pasneppes. The one is the Pasnep of the garden & the other is the wylde Pasnep. They be more vsed to meet than to medycyne His vertue is to gendre thycke blode & moche / wherfore it styreth the lust of ỳ body yf it be moche vsed / therfore it is good for a man that is newly recouered out of his great sekenesse to vse to ete of it a whyle. Also they be good to be eten rawe or sothen for ỳ malãcoli humours grene & not dry. To make a syrop to styre the lust of ỳ body & for to confortе the degestyon / take rotes of Pasneppes & sethe them well in water / than take them out & cast awaye that water / & the rootes that be in gobettes boyle them agayne in water / than put therto hony well clarifyed & let them boyle vnto the thyckenesse of Hony & cõtynually styre it that it cleue not to the vessel / and in the mydle of the boylynge put in Almondes yf ye haue them / & in the ende of the boylynge put in swete sauoured spyces / as Gynger / Galyngale / a lytell Peper / Nutmegge & other swete sauoured spyces. Also Pasneppes may be sowen in Detember January & Marche in latte grounde depe doluen and lose grounde & best dygged / & they be somwhat wyndy. Boyle them in two waters / but cast awaye the fyrst water. Also there is a Pasneppe that is somwhat reed / ỳ whiche may be eten bothe rawe & sothẽ / & with them & Mauewes togyder / ye may make a veray good meet & fayre reed in coloure / the whiche be soen as Pasneppes be.

## ¶ Plantago.

¶ This is called Plantayne. It is colde and dry in ỳ. ii. degre. For heed ache take Plantayne & bynde it aboute thy necke & ỳ ache shall go out of thy heed. Also for dyseases in the body / seth this herbe in good lycour what ye wyll & vse to drynke it & it shall clense the mawe and the other inwardes. Also for hym that bledeth at the nose / gyue hym to drynke the ioyce of this herbe & it shal cease lyghtly. Also yf the body of ony man be waxen harde / stampe this herbe with grece & make a playster of it and lay it on the hardnesse / & lyghtly it shalbe softe & make it hole. Also for bytyng of a Serpent / take this herbe and drynke it with wyne. Also for the dysease in the mouthe take ỳ ioyce of this herbe & holde it longe in thy mouthe & ete the leues of this herbe. Also for hym that maỹe not well pysse sethe this herbe & drynke it. Also for a roten humour in the brest & aboute the herte / take the ioyce of this herbe the weyght of .x. pens & medle it with Hony & gyue hym to ete a spõfull at one tyme & that shall purge the brest. Also for ỳ ache in fete / take this herbe with vyneger & drynke it. Also it helpeth woũdes & clenseth the fylthe out of woundes. Also it swageth the rankelynge & staũcheth the menyons bothe with drynke & with playsters made with powder of Armonyake & of Sandragowne & Barly mele with the whyte of egges made in

playster & layde to ỹ sore. Also for the Canker & ỹ peyne in the gummes/take the ioyce therof & medle it with Hony & vyneger & powder of Alume & that shall slee ỹ Canker in the mouthe. Also for the Feuers stampe. iii. rotes of Plantayne & tempre it with water & gyue it hym to drynke that hathe the Feuers & he shalbe hole. Also for ỹ Iawnesse stampe Plantayne & Lettuse togyder & tempre them with vyneger & make a playster therof & laye it to the tyght syde & vse it tyl thou be hole. Also it is good for bytynge of an Adder/drynke the ioyce of it & lay the substaunce of the herbe to the sore. For the same/hange the roote of the Plantayne aboute the necke of the pacyent & merueylously it helpeth. Also for the Potagre & for the dysease in the senowes stampe ỹ leues of it with a lytell salte & playster it well therto and merueylously it helpeth.

¶ Porrum.

¶ This is called a Leke. It is hote & dry in the thyrde degre. It desyreth lose grounde and fatte & well donged/ in that they shall best profyte in hote places & temperate They may be sowen in Decembre in temperate places & colde. They may be sowen in January Febryary and Marche whan the grounde is wel dygged & dyght. And it may be sowen by it selfe or medled with other sedes of herbes in good fatte grounde well dygged & couered aboue it with good donge. This sede wolde be sowne somwhat thycke. And whan they be somwhat sprongen take vp of the greatest Lekes & plante them in forowes/ but take away none of theyr rotes whan ye set them in the forowes/but whan ye set them with a Debyll/thã cut away the rootes almost vp to the Leke heed/ & cut away the vppermost of the leues. They may be planted in July August September & October. They be moche profytable in Marche & in Aprell nexte folowynge/ but in your plantynge you shall not seke after fat soft grounde for meanely grounde than is best/ & that grounde that is almost dry is best. Ther is two maner of settyng of Lekes/one is in forowes as is the maner in Bonony/ & the forow must be fro his nexte felowe the brede of a spãne large/ & the Lekes must be set in the forowe. iiii. fyngers brede yche fro other/ & whan ye make the nexte forowe/ cast the erthe on the Lekes & trede it downe softly with thy fote. The seconde maner of settynge is thus/ whan the grounde is well dygged and raked/than make holes with a great Dybell & euery hole fro other a large spãne & more in whiche the lekes must be set in/but fyll not the holes nor put erthe in hym/but let hym be voyde. iii. wekes/whan wedes growe amonge them pull them vp and kepe them clene fro wedes. Dyuers autours say that the Lekes that be thus planted be better than ony other. Or they may be well planted amonge great Onyons/ and whan the Onyons be taken awaye/wede the Lekes and you shall fynde them fayre & good. And whan ye plucke vp some in a place/ leue some for sede/ the whiche sede may be kepte. iii. yere & it be hanged vp in the hulles. Lekes be beste sothen or. iii. tymes wasshed before they be eten. For a woude take lekes and stampe them well with Hoy & lay it to the wounde & it wyll be hole. Also for the coughe take the ioyce of Lekes & vse to drynke it. Also for the same take the ioyce of Lekes & medle it with wo mannes mylke & vse to drynke it/and it wyll clense ỹ lõges of all vyces.

Fracturas solidat: durities q; relaxat.
Vulnus q; appositum: cito cum sale claudit.

¶ Porrum.

¶ This is called Pelleter. It is hote and dry in the. iii.

degre. The rote is vsed in medycynes. Fyue yere he may be kepte in his vertue. And knowe ye well that his sharpnesse is not knowen anone/it shulde be powned and holden in the mouthe. He hathe vertue of losynge & drawynge & of cõsumyng. To make a Gargarisme/take Pelleter & kygges and boyle thẽ in vyneger or swete wyne and it wyll clense the brayne of superfluyte of flewme. Also yf it be chewed in the mouthe/ it helpeth the Palsy in the tonge. Also for the Palsy & the Potagre stampe it and sethe it in wyne and oyle and playster it to the greuaũce. This playster helpeth moch/therfore yf you may haue grene Pelleter stampe it and laye it in sokynge in wyne. xv. dayes/& after boyle it wel and put therto wexe and oyle/for this is the best oyntment for all ỹ forsayd dyseases.

## ¶ Papauer.

¶ This is called Popy. It is colde and dry. There is. ii. maners of them. The whyte Popy is colde and moyste and it is good to cause one to slepe. The sede therof wel gadered may be kepte. x. yere. It hath vertue of clẽsyng It is put in medycynes with a determynacyõ asỹ sede may be receyued of whyte Popy or black for to prouoke a slepe/make a playster of yche of thẽ or one of thẽ with womãs mylke and the whyte of an egge & lay it to ỹ tẽples. The womẽ of Salerne gaue to yonge chyldren/ỹ Popy/but they wolde gyue them no blacke Popy for it made them to moche heuy. Also for a hote postume in ỹ begynnynge and for chafynge of the lyuer take ỹ sede of whyte Popy or els the herbe of it and stampe it & medle it with oyle of Roses and playster it to the greuaũce. Also for dryneſſe in Feuer etyke and in other Feuers/ take and hete oyle of vyolet medled with poder of Popy sede/& anoynt the small of the backe therwith.

## ¶ Polipodium.

¶ This is called Pollypody. It is hote in the. iii. degre & dry in the secõde degre. This Polypody it is a Ferne that groweth vpon Okes or on walles or stones/but the Polypody that groweth on okes is the best. Gadre ỹ rotes of it & lay it a day in the sonne. Those that is grene/ & that whiche appereth dry whan it is broken is to be refused. He hathe vertue of dyssoluynge of drawynge & of purgynge flewme & specyally malãcoly/ wherfore comuncly he is put in boylynges and to flewmatyke & malancolyous hole mẽ/he is gyuen to preserue theyr helth. And knowe well ỹ in the boylynge of Polypody shulde be put in some thynge to exclude & put out ventosyte as Anyse sede/Fenell sede/or Comyn/or els all these forsayd sedes/for they exclude out moche wynde & vnbyndeth humours. Also for cotidian & for Illica passio & for to kepe a mãnes helthe do thus/stampe halfe an vnce of Polypody or an vnce/yf you wyll haue it moch laxatyke than boyle it with prunes and vyolettes in Fenell water or Anyse in a great quantyte/than strayne it & gyue it to the pacyent at morowe and at euenynge. Also an other vse of it. Stampe it and sethe it in water with Fenell sede & with water make a brothe & boyle a Chykyn therin with swete sauoured spyces & gyue it to the pacyent. Also make a drynke therof after this maner/stãpe it and boyle it in wyne/and after put more wyne therto/& so make vp your drynke with swete sauowred spyces.

## ¶ Pienium.

¶ This is called Pyeny. It is hote and dry in ỹ seconde degre. And so saythe ypocras and Galyen the good physicyens. They say ỹ ỹ rote therof goeth to dyuers medycynes/and it wyll last. x. yeres/and it is colde. For the Palsy dry the rote and drynke the powder with Calter

ſothen in wyne. Alſo ȳ ſame dr̄ynke is good for ȳ ſtone. Alſo yf a man be coſtyfe and maye not go to ȳ draught take and ſtrawe the powder therof on Cotton and put it into his fundement/& dr̄ynke ȳ powder in wyte wyne. Alſo for a man or woman that hathe the fallynge euyll ete it and dr̄ynke it with wyne/alſo hange ȳ rote aboute his necke and it wyll ſaue hym withouten doubte within .xv. dayes. Alſo it helpeth the ſorenes in the mouthe. Alſo yf thou ſethe it in wyne it wyll helpe the ſplenne. Alſo dr̄ynke Pyeny with water and Hony and do therto powder of Colyander & this is good for the ſtomake for the mylte and for grauel in ȳ reenes. Alſo it is good for women for dyuers ſekeneſſe. Alſo ſethe it in whyte wyne and gyue a woman to dr̄ynke therof and it wyll hele her bladder and make her to pyſſe the ſtone/& it wyll hele her of the Maris. Alſo Pyeny ſede whā it is blacke it maketh delyuerraunce of the bedde of the chylde in her wombe/and at euery tyme whan ſhe ſhall vſe to dr̄ynke it/ſhe muſt dr̄ynke .xv. ſedes at one tyme.

¶ N litera. Et primo de Quinquefolio.

QUynckfoyle is colde and dr̄y in the .ii. degre. This herbe is good for ache in a mannes lendes and for ache of the heed/mouthe/tongue/& thr̄ote that be ſore/take and ſethe this herbe in wyne/and gyue the pacyent to dr̄ynke therof .iii. dayes fyrſt and laſt/& he ſhalbe hole. Alſo ſtampe it and dr̄ynke the ioyce of it in ale/& it wyll ceaſe the akynge and gnawynge of man or woman. Alſo yf a man blede ſore at the noſe/gyue hym to dr̄ynke ȳ ioyce of it with wyne/and anoynt his heed well with ȳ ioyce of this herbe/and anone the blode ſhall ſtande. Alſo for to ſlee a Cāker/ſethe it in wyne and the grece of a ſwyne & make a playſter therof & lay it on the Canker/& it ſhall ſlee it. Alſo take powder of Quynckfoyle & medle it with Hony and therwith rubbe thy mouthe/tōge/thr̄ote/and the chekes within/and it wyll purge it wel. Alſo for poyſon or bytynge of a ſerpent/take the ioyce of Quynckfoyle & dr̄ynke it with wyne & merueylouſly it reſiſteth venym.

¶ Hic incipit litera R. And fyrſt of Rybwort.

RYbwort is good for the Feuer quartayne. Take the ioyce of this herbe and dr̄ynke it .ii. houres before ye thynke the diſeaſe ſhall come to you/and by the grace of god it ſhall go fro you.

¶ Reed netle.

¶ Take reed Netles and ſtampe them ſmall and ſethe them in an erthen pot with a porcyon of whyte wyne tyl halfe be waſted/and gyue the pacyent to dr̄ynke fyrſte & laſt warme/& lay the herbes to the fundemēt as hote as the pacyent may ſuffre it/and vſe this medycyne tyll he be hole.

¶ Roſa.

¶ This is the reed Roſe. It is colde in the fyrſt degre & dr̄y in the ſecōde degre. Dr̄y roſes & grene roſes be vſed in medycynes/and of grene roſes be made many confeccyons. Alſo dr̄y roſes be put in medycynes whā a receyt of roſes is made for they be ſoone made in powder. Of roſes is made Mel roſet/ſuger roſet/ſyrop of roſes/a lectuary of roſes/water of roſes/and oyle of roſes. Mel roſet is made thus/take fayre purified Hony and newe reed roſes/the whyte endes of them clypped awaye/thā ſhrede them or chop them ſmall/than put them into the the Hony/and boyle them meanely togyder. The ſygne is whan it is boyled ynoughe/you ſhall knowe it by the ſwete odour and the colour Ruſe. Fyue yere he may be kepte in his vertue. By the roſes he hathe vertue of confortynge/and by the Hony he hathe vertue of clenſynge

In wynter and in ſomer it may be gyuen competently to feble/ſeke/flewmatyke/malancoly/& coleryke people. Alſo Mulſa is made of water & nell roſet/and it maye be gyuen after the.iii. daye that it cometh out of ꝑ bathe for to clence ꝑ ſtomake of colde humour. Gyue hym nel roſet with water that Fenel ſede is boyled in/puttynge therin.iii.graynes of ſalte/yf the ſeke may take it. This ſhulde be ꝑ quãtyte of Roſes & of Hony. In. vii. poũde of Hony put a pounde of Roſes. Suger roſet is made thus. Take newe gadered roſes and ſtampe them ryght ſmall with ſuger/than put it in a glaſſe veſſell and. xxx. dayes let it ſtande in the ſonne/ and ſtyr̃ it wel and medle it wel togyder & ſo it may be kepte.iii.yere in his vertue/the quantyte of ſuger & of the roſes ſhulde be thus/ in.iiii.pounde of ſuger a pounde of Roſes/he hathe vertue of conſtraynynge and confortynge of the flux in ꝑ wombe. Take ſuger roſet and powder of Maſtyke/of euery one a dram/and medle them well togyder & gyue it to the ſeke/after that gyue hym roſe water that Maſtyke and cloues be ſothen in. Syrop of Roſes is made thus/ſome do take Roſes dyght/as it is before ſayde/ and boyle them in water/& in that water ſtrayned they put Suger & make a ſyrop therof. And ſome do make it better/for they put roſes in a veſſel haupnge a ſtrayte mouthe/and they put to the roſes hote water and they let it ſtande a day and a nyght/and of ꝑ water puttynge to it ſuger they make ſyrop. And ſome do put more of roſes in the forſayd veſſell and more of hote water/& let it ſtande as is before ſayde/and ſo they make a reed water & make therof a ſyrop. And ſome do tãpe newe Roſes and they ſtrayne out the ioyce of it & therwith & ſuger they make ſyrop and this is the beſt makynge of ſyrop. And knowe well that ſyrop made of freſſhe and newe roſes/kyſt ſomwhat meanely they lax/& in ꝑ ende they bynde/but ſyrop made of dry roſes kyſt & laſt they bynde. Syrop of roſes hathe vertue of cõfortynge and conſtraynynge agaynſt the flux of the wombe and ꝑ vomyte. Gyue it to hym with rayne water or with roſe water in a Feuer. After lettynge of blode gyue it hym with colde water. Alſo the ſame for the Syncopyne. Oyle & roſes is made thus. Some boyle roſes in oyle and kepe it. Some do fyll a veſſell of glaſſe with roſes and oyle/ and they boyle it in a Cawdron full of water/& this oyle is good. Some ſtampe freſſhe roſes with oyle/and they put it in a veſſell of glaſſe/and ſet in the ſonne.i.dayes and this oyle is good agaynſt the chafynge of the Iyuer/ yf it be anoynted therwith. Alſo it is good for ꝑ dyſeaſe in the heed that cometh of hete/anoynte ꝑ forehed and the temples with oyle of roſes. The water of roſes hath vertue of confortynge and conſtraynynge agaynſte the flux of ꝑ wombe & the vomyte. Alſo gyue hym roſe water to drynke/or els roſe water boyled with Maſtyke & Cloues/it is beſt agaynſt the flux and feblenelſe of vertue yf it come of a flux by a ſharpe medycyne. Alſo roſe water is good for the Syncopyne and the Cardyacle/ gyue it hym to drynke and ſprynge ꝑ water on his face. Alſo the water is good for eyes & in oyntmẽtes for the face/for it taketh away the wemmes and ꝑ ſuperfluyte and ſtrayneth the ſkynne. Alſo dry roſes put to the noſe to ſmell do cõforte the brayne & the herte & quyckneth ꝑ ſpyryte. Alſo agaynſt the flux of the wombe of coloure/ gyue hym roſes boyled in rayne water. Alſo a playſter made of roſes & the whyte of egges & vyneger & dyppe a ſponge in it and lay it on the mouthe of the ſtomake. Alſo agaynſte the Syncopyne/gyue hym to drynke water that roſes haue bẽ boyled in. Alſo gyue hym powder of

roses in a rere egge. To make oyle of Roses / take .i.li. of oyle & a pounde & an halfe of roses and putte all in a glasse / & put the glasse in a Cawdron full of water / and hange it therin & boyle it tyll the thyrde parte be wasted and after strayne it throughe a lynen clothe & kepe it for your vse / for this oyle is losynge and serueth for many thynges. Some do put rose water in a glasse / & they put roses with theyr dewe therto / & they make it to boyle in water / than they set it in the sonne tyll it be reed / & this water is best / this hathe vertue of confortynge and constraynynge & for ỹ flux of the wombe & agaynst vomyte.

## Rosemary.

This herbe is hote and dry / take the flowres and put them in a lynen clothe / & so boyle them in fayre clene water to ỹ halfe & coole it & drynke it / for it is moche worth agaynst all euylles in the body. Also take the flowres & make powder therof and bynde it to the ryght arme in a lynen clothe / and it shall make the lyght and mery. Also ete the flowres with hony fastynge with sowre breed and there shall ryse in the none euyll swellynges. Also take the flowres and put them in a chest amonge youre clothes or amonge bokes and moughtes shall not hurte them. Also boyle the flowres in gotes mylke & than let them stande all a nyght vnder the ayer fayre couered / after that gyue hym to drynke therof that hath the tysyke and it shall delyuer hym. Also boyle the leues in whyte wyne & washe thy face therwith / thy berde & thy browes and there shall no cornes growe out / but thou shall haue a fayre face. Also put the leues vnder thy beddes heed / & thou shalbe delyuered of all euyll dremes. Also breke ỹ leues small to powder & laye them on a Canker & it shall slee it. Also take the leues & put thē into a vessel of wyne and it shall preserue ỹ wyne fro tartnesse & euyl sauour / and yf thou sell that wyne / thou shall haue good lucke & spede in the sale. Also yf thou be feble with vnkyndly swette / take and boyle the leues in clene water / & whan ỹ water is colde do therto a moche of whyte wyne / & than make therin soppes & ete thou well therof / & thou shalt recouer appetyte. Also yf thou haue the flux boyle ỹ leues in stronge Aysell & than bynde them in a lynē lothe and bynde it to thy wombe & anone the flux shal withdrawe. Also yf thy legges be blowen with the goute / boyle the leues in water / & than take the leues & bynde them in a lynen clothe aboute thy legges / & it shall do ỹ moche good. Also take the leues and boyle them in stronge Aysell & bynde them in a clothe to thy stomake / & it shall delyuer ỹ of all euylles. Also yf thou haue the coughe / drynke the water of the leues boyled in whyte wyne / & thou shalbe hole. Also take the rynde of Rosemary & make powder therof and drynke it for the pose / & thou shalbe delyuered therof. Also take the tymbre therof & brūne it to coles & make powder therof & thā put it into a lynen cloth and rubbe thy tethe therwith / & yf there be ony wormes therin it shall slee them & kepe thy tethe from all euyls. Also make the a box of the wood and smell to it and it shall preserue thy youthe. Also put therof in thy doores or in thy howse & thou shalbe without daunger of Adders and other venymous serpentes. Also make the a barell therof & drynke thou of the drynke that standeth therin & thou nedes to fere no poyson that shall hurte ỹ / and yf thou set it in thy garden kepe it honestly for it is moche profytable. Also yf a mā haue lost his smellynge of the ayre or elles he maye not drawe his brethe / make a fyre of the wood & bake his breed therwith & gyue it hym to ete & he shalbe hole.

## Ruta.

¶ This is called Rewe. This is hote and dry in ỹ. iii. degre/the leues and the sedes be vsed in medycynes. The sedes may be kepte .x. yere and the leues a yere. He hathe vertue of purgynge/dyssoluynge & consumynge. For ỹ hed ache take the ioyce of rewe & hete it & put it into his nosethyrlles for it puttethout flewme & cleseth ỹ brayne Also the ioyce sothen with wyne is good for the same. Also for feblenesse of syght put rewe in a pot with ale/ & let the pacyent vse to drynke of it. Also for stoppynge of the splenne & the lyuer/the strangury & the flux/ sethe rewe in wyne with rotes of Fenell or powder of Rewe with ioyce of Fenell and drynke it warme. Also for an ache or a fretynge/stampe rewe with powder of Comyn and playster it to the greuaunce. Also agaynst venym/ drynke the ioyce of rewe. For bytynge of a venymous beest or worme/playster rewe to the bytyng. Also for feble eye syght styll water of rewe & roses togyder & putte therof in youre eyes. Also an oyntmente for sore eyes/ stampe rewe and Fenell togyder of yche lyke moche by weyght & medle them with Hony & Eufrose & it is good oyntment for eyes. Also take rewe/ comyn/and Peper/ of yche lyke moche by weyght / & grynde them small togyder and medle them with hony nnd vyneger. And if it is good for the ache in the brest and in the reynes.

¶ Hic incipit litera S. Et primo de Sinapio.

Sinapium is called Mustarde. It is hote & dry in ỹ myddle of the .iiii. degre/and not the herbe but the sede is put in medycynes. Fyue yere he may be kepte in in his vertue. He hathe vertue of losynge/of drawynge/ of makynde thynne/and of consumynge. For the palsy of the tonge take & chewe the sede of it in youre mouthe and holde it vnder the tonge & it shall do you good. Also for the palsy i other membres/ sethe the sede in wyne and lay it to the sore place & it is best in the begynnynge of the dysease. Also take the powder of it & put it into your nosethyrlles & it wyll make you to nese/& it clesseth the brayne of superfluyte of flewme. Also sethe it in wyne and fygges & holde it warme in your mouthe tyll it be almost colde than take a mouthe more & do so .v. or .vi. tymes in a day & a mouthe in another day/ and this is good for an olde pose of toughe & flewmy humoure in the heed. Also for stoppynge of the splenne & the lyuer/ sethe the sede in water with rotes of Fenell/ thã strayne it & put therto Hony & gyue it to the seke to drynke. Also for hardnes of ỹ splenne/sethe the herbe of it in wyne and playster it to the greuaunce. Also for to rype & breke a postume / stampe this herbe well with Hogges grece & lay it vpon the postume. Also for the Strangury take ỹ herbe of this & sethe it in oyle and wyne & playster it to the greuaunce & it wyll lose it. Also for the Ciatica & for other olde sores take Mustarde sede & the thyrde parte of cromes of whyte breed & fygges & hony & vyneger after as the ache of the sore requyreth/the more of the fygges & the hony that is there the more sharper is ỹ strẽgth of the sede: and the more breed & vyneger that is in it/ỹ more weker is the sede/but I say not that ye shall putte this confeccyon to all sores/but to great & olde sores. Also his vertue is yf it be eten it sharpeth a mannes wytte It clenseth the bely. It breketh the stone. It purgeth ỹ bryne/the mẽstruosyte/& confortetb the stomake.

¶ Smalage.

¶ Take Smalage sede/Rewe sede/Peper & Salt and grynde them well togyder & temper them with wyne & drynke it/for it is good for colde and wycked humoures in the stomake & confortetb the stomake/the lyuer/ & the longes. Also it is good for woundes & for canklynges &

to ceas the brennynge and akynge & to brynge them to
theyr kynde agayne. Also it is good to drynke for the fe
uer tercyan.

¶Saluia.

¶Sage is hote in the fyrst degre & dry in the seconde de
gre. The leues onely be take in medycynes bothe grene
and dry. He may be kepte a yere. Of sage there be. ii. ma
ners/ Sage of the garden & wylde Sage. If thou wyll
haue Sage for medycynes take ỹ leues of garde Sage
for Sage of the garden consumeth more & confortеth
thā the other dothe. For ỹ Palsy sethe the leues of sage
in wyne and vse to drynke it, Also for the same/ sethe ỹ
leues in wyne and playster it to the greuaūce. Also it is
good to put in sawce. Also the strangury/ the flux/ and
the mattrye it clenseth. Sethe the leues in water and let
the pacyent sytte ouer it & receyue the hote fume of it/
& it shal do hym moche good. Also it is good for venym
or poyson. Sethe Sage in ale or wyne & vse to drynke
it. iii. dayes & thou shalbe hole by the grace of god. For ỹ
stomake drynke the ioyce of Sage with water & Hony.
Also it is good to clense a mannes body to vse it bothe
rype & grene. It wyll make a mānes body clene/ therfore
who that vseth to ete of this herbe or drynke it/ it is mer
uayle that ony inconuenyence shulde greue thē that vse
it. Also yf a man haue an ytchynge/ wasshe the ytchynge
well with the ioyce of this herbe & it shall slee ỹ ytchynge
soone. Also drynke Sage with wyne and a lytell wor-
wode & it shall cease the ache vnder the sydes/ the wōbe/
& the stomake. It is good for the dropsy and the palsy.

¶Satureia.

¶This is called Saueray. It is hote and dry in ỹ. iiii.
degre. Sethe it in wyne or water and drynke it & it pur-
geth the reynes/ the bladder/ the menstruosyte in ỹ bow
elles/ & it purgeth the longes & loseth ỹ great humoures
and compelleth and putteth hym out by the mouthe by
spyttynge/ therfore he is brēnynge and styreth hym that
vseth lechery / therfore it is forboden to vse it moche in
metes. Also soke it in vyneger or in wyne & drynke them
and that shall make ỹ a good meke stomake. Also whan
it flowreth it shulde be gadered and dryed and powder
made therof. Also take the powder of Saueray & boyle
it with claryfyed Hony and vse to ete therof or boyle it
in wyne and drynke it and it wyll lose toughe flewme
in the brest. Also for fretynge in the bely drynke powder
of it in warme wyne & thou shalbe hole. Also yf ye take
the lesse Saueray it hathe the same vertue and strēgth
that the other Saueray hathe. Also make grewell with
water and flowre and powder of Saueray & ete therof
and that shall clense all the spyrytual membres of a mā.

¶Sarfrage.

¶This is hote & dry in the. iii. degre. For the stone sethe
the rote of it in wyne & drynke it. Also it is good for the
dysease of the Colyke and the strangury. And the pow-
der of it be eten with a egge it is good for the same. It
may be kepte in his vertue. iii. yere.

¶Scabiosa.

¶This is called Scabyas. It is hote and dry in ỹ. thyrd
degre. To dry it ther is no profyte in it. For scabbes take
the ioyce of it/ vyneger/ & oyle/ & boyle them togyder tyll
they ware thycke & kepe it for it is good for scabbes. Al-
so for the Emerawdes sethe them in water / than sytte
ouer it and take the fume of it & vse it and thou shalbe
hole. Also stampe it and sethe it in wyne & that drynke
is good to destroye humours in ỹ stomake. And drynke
it euery day fastyng with Ewrose and thou shalbe hole.
And thou shall neuer haue ỹ Pestylence bredynge with-

in the whyle thou dose vse it. For the lyuer stampe it and sethe it wyne & drynke it.

## Sothernwood.

¶ This herbe is good for the coughe & for byndynge in the bely & in the brest & for the dysease in the bones / and good for them that maye not well pysse. Take the sede of this herbe & stampe it & drynke it with water / and it is good for all the forclayd. Also for the dysease in the syde / stampe this herbe with Bekayne & drynke it and it helpeth well. Also for the bytynge of a serpente and for venyme stampe this herbe and drynke it with wyne & it is good. Also for the colde feuer stampe this herbe with wyne and drynke it & thou shalbe hole.

## ¶ Syngrene.

¶ This is colde and moyst in ỳ. iii. degre. The ioyce of this herbe & also ỳ same herbe is ryght necessary for many dyseases. Stampe this herbe with grece and playster it to the dysease and mercyously it heleth. Also for ỳ dysease and derkenesse of eyes / stampe this herbe & put of the ioyce in the sore eyes. For chafynge of the lyuer / take the ioyce of it and byneger and dyppe a clothe therin & playster it to the greuaunce. Also for brennynge or scaldynge make an oyntment of the ioyce of this herbe and oyle of Roses and wexe / but lay it not to tyll after the. iii. fyrst dayes / but fyrst anoynt it with grece & suche other. Also for a dysease of a hoote cause / this herbe is good be be layde therto.

## ¶ Stychwoxte.

¶ This is called Stychwoxte or Bydestonge. This is hote & moyst in the fyrst degre. The vertue of this herbe is thus. It is good to hele woundes and sore eyes.

## ¶ Scamony.

¶ Scamony is hote and dry in the. iii. degre. The leues onely be best for medycynes. It maye be kepte a yere in his vertue or two for nede. For the dysease in ỳ stomake boyle lewes of it in wyne and drynke it. Also ỳ forclayd drynke is good for the bely / for the strangury / and for ỳ flyx. Also a stewe made with boylynge of it in water or wyne is good for ỳ forclayd. Also yf it be boyled in oyle and playstred to the forclayd it is better.

## ¶ Sene.

¶ Sene is hote & dry in the. iiii. degre. It groweth on ỳ other syde the see / and most aboute Babylon. The beste be the flowres & the braunches of it. It is good for many dyseases / for the fallynge euyll / for the synacop / for ỳ splenne / for the emeraudes / and for the quartayne. Syrop made of it boyled in water and suger is good for all the forclayd. Also syrop of that made with the ioyce of Boyage it is good for the sayde. Also Dyascoridos commaūdeth to make Ermell of the forsayd with boylynge of byneger and hony / & it wyll be good for the forclayd. And this herbe may be kepte ten yere.

## ¶ Selondyne.

¶ This is hote & dry in ỳ. iiii. degre. And Galyen sayth that it is good for sore eyes. Take the ioyce of Selondyne & boyle them well togyder in a panne / & whan it is colde anoynt thy eyes therwith. Also take Selondyne and drawe out the ioyce therof and medle it with whyte wyne & anoynt the vysage therwith & it shall do awaye freckles of the vysage. Also ỳ ioyce of Selondyne & Gotes donge medled togyder small in a morter / & than yf thou lay it to a Canker in a womans pappe / it shall slee the Canker. Also take the ioyce of Selondyne and powder of Bryntstone & medle them well togyder and it wyll helpe to do awaye the Morfewe. Also sethe the roote in wyne / & whan the pot is taken downe / let ỳ pacyent hold

his mouthe open ouer it/that the brethe may go in to his body/& that shall slee the Canker in the mouthe. Also it is good for hym that hathe dronken venyme with his owne stale & that wyll saue hym.

¶Sauayne.

¶This is hote and dry in the.ii.degre. It is good to sle wormes in the wombe & to bringe them out therof yf it be sothen in wyne & gyuen to the pacyent to drynke. Also it is good with butter or with greece to make with an oynement for the scabbe that renneth for to hele it & dry it vp. And it is good for the heed ache/yf it stamped and tempred with vyneger & make a playster therof & lay it to thy temples and vpon the molde of thy heed.

¶Scabyose.

¶This is colde and moyst in the secõde degre. Stãpe it and sethe it in wyne & that drynke is good for the lyuer. And it wyll destroy wycked humours in ỹ stomake & drynke it euery day fastynge with Eurose & thou shall neuer haue postume bredynge within ỹ as lõge as thou dose vse this medycyne.

¶Litera T. Et primo de Tapsu barbasto.

THis is called Molen. It is colde & dry. It is good for the Emerawdes & it be sothen in wyne & sommed cloysly. Also it is good to washe ỹ greuaunce ther with. It is good also for the flux of the bely.

¶Towne Cresses.

¶This herbe is hote & dry in the thyrde degre. The sede wyll endure good.v.yere. And it is good to staunche ỹ flux and the menyon/yf thou take the sede & bruse it in a morter of brasse & gyue the seke to drynke therof thre dayes/euery day a peny weyght at ones with reed wyne warmed/& in those thre dayes he shalbe staunched/or els he shalbe deed of that euyll. Also it is good for the Pal-

sy & for the male flanke. Take the sede and sethe it and wyne & do it in a poket and bynde it to thy syde there as thou feleſt the soze. Also it is good for hym that maye not well pysse/take the sede and sethe it in wyne & oyle Olyue & bynde it to thy share. Also it is good for a manes fundyment ỹ gothe out. And yf it be taken of colde thã it must be put in agayne/& strawe the powder on the fundymẽt & anoynt thy lendes with Hony & thã strawe the powder aboue with the powder of Comyn or powder of Colayne/for all these be kyndly for it. Also take the stalkes of towne Cresses & brenne them/& there shall no venymous best ne wormе abyde the sauour nor smel therof/but it shall dye or flee away.

¶Litera V. And fyrste of the Vyolet.

VYolet is colde in the fyrst degre & moyst in ỹ secõde degre. For blast in the eyes take the rotes of Vyolettes & stampe them with Myrre & Safron/& at nyght lay it to ỹ soze eyes. Also for a woũde in ỹ heed stampe the leues of Vyolettes with Hony & vyneger & playster it to the wounde & it shall hele it. Also for thẽ that may not slepe for sekenesse/sethe this herbe in water/& at cuẽ let hym soke well his fete in that water vpto the ancles & whan he gothe to his bedde/bynde of this herbe to his temples and he shall slepe well by ỹ grace of god. Take Vyolettes/Myrre/& Safron/& make a playster of them and lay it to the soze eyes that be sollen/& it shall cease akynge & bate the swellynge.

¶Vua suauis.

¶This is called ỹ swete Raysynge. It is hote & moyst. It hathe vertue of clensynge/scourynge/or smothyng. Raysynges eten or boyled in wyne be good for ỹ colde coughe. Also sethe them in wyne & they be good to playster on the colde postume & good for a colde stomake.

## Veruayne.

Veruayne this is hote and dry in the seconde degre. It is good agaynst all maner of euyll̃es of venyme / yf the pacyent drynke it tempered with wyne and stampe the herbe and lay it on euery maner of bytynge of venymous beest / & it wyll drawe out the venyme and saue ꝑ sore. Also who that vseth it / it wyll make a good brethe and dothe away stynke of the mouthe. Also who that hathe the feuer tercyan / take. iii. rotes and. iii. croppes of the same herbe & stampe them and tempre them with fayre clene water & gyue it to the pacyēt to drynke. Also who that hathe the feuer quartayne let hym take ꝑ same drynke. Also it is good for the stomake / the lyuer / and ꝑ longes. Also take veruayne / betayne / & sarfrage and of euery of them lyke moche and stampe thē & tempre them with whyte wyne / and this is good for them that haue the stone. Also they that bere Veruayne vpon thē / they shall haue loue and grace of great maysters / & they shall graunte hym his askynge / yf his askynge be good and ryghtfull.

Here begynneth w/and fyrst of water Cresses.

Water Cresses be hote and dry in the seconde degre. Sethe them in water by them self & drynke it / or sethe it with flesshe and suppe of the brothe and it wyll clense well the inwarde membres. Also it is good agaynst the Strangulyon & the flur of the same.

## Wylde Neppe or woodbynde.

This herbe bereth a flowre lyke to the Hoppe / & after the flowre he bereth a grene Bery / and it hathe a great rote. The vertue of this herbe is most in the rote. It is good for senewes that be shronken or cutte to make the sowple & to haue they owne course in they owne kynd. Go to the rote of wylde Neppe that is lyke woodbynde and make an hole in the myddes of the rote / than couer it well agayne that none ayre go out / nor that no rayne go in / nor no water / powder nor the sonne come not to moche to it / & let it stande so all a nyght & a day / than after that go to it & thou shall fynde therin a certayne lycour / take out that lycour with a sponge and put it into a clene glasse & do so euery day as longe as thou fyndeste ought in the hole / & this muste be done in the moneth of Apryll or Maye / than anoynt the sore therwith agaynst the fyre / & than wete a lynen clothe in the same lycoure & lappe it aboute the sore and it shalbe hole within shorte tyme on warantyse by the grace of god. For the goute a souerayne medycyne. Take the rote of wylde Neppe & the rote of of the wylde docke sothen by it selfe & cutte them in thynne pyces & pare awaye the vtter ryndc and cut them in quarters / than boyle them in clene water. ii. or. iii. houres / than stampe them in a morter as small as thou can / than put therto a quantyte of sote of a chymnaye / than tempre thē vp with the mylke of a cowe that the heere is of one coloure / than take the vryne of a man that is fastynge & put therto & make a playster therof & boyle it and laye it to the sore as hote as the seke maye suffre it / & let it ly styll a day and a nyght / & do so. iii. tymes & thou shall be hole on warantyse by ꝑ grace of god.

## Wormwood.

This is hote and dry in the seconde degre. It is good for wormes in the wombe yf it be stamped and ꝑ iuyce wrongen out and myngled with swete mylke & gyuē to the pacyent to drynke. Also sethe the herbe in wyne and make a playster to ꝑ wōbe. Also make powder of wormwode / centory / & of Betayne / of yche lyke moche by the weyght & medle all well togyder / & the powder wyll slee wormes in the wombe bothe whanit is eten in potage &

dronken. Also for the mylte ỹ is swollen of a colde mater/sethe it in wyne and let the seke drynke therof & that shall hele hym/& make a playster of the substaūce of the herbe & laye it all hote to thy wombe agaynst ỹ euyll ther as it greueth the. Also stampe wormwood and tempre it with vyneger and with tosted sowre breed grounden therwith & with the ioyce of Myntes & the ioyce of plantayne/of euery lyke moche & fry them well togyder/thā make a playster and lay it to the mouthe of thy stomake & this shall staunche brakynge or castynge. Also for wormes in a mānes eeres be it Serpent or Eerwygge/take the ioyce of wormwood & put it in the eere of the pacyēt Also for the dropsy sethe it in wyne & gyue the pacyent to drynke of it at euē and at morowe & it shal helpe hym.

## TELOS.

Here folowth the table of this boke in ordre by ỹ Alphabete. And fyrst of this letter A.


Agnus castus.
Apium.
Anetum.
Apumirisus.
Absinthium.
Artamasia.
Affodillus.
Aristologia lōga.
Aristologia rotū.
Abrotinum.
Ameos.
Alleluya.
Asterion.
Agrimonia.
Acantia.
Altea.
Amarisca.
Auricula muris.
Apiū emorroidarū.
Apium ranarū.
Artiplex dōestica.
Anabula.
Acus demonis.
Argentilla.
Acus mustela.
Allium.
Anisum.

B.

Betonica.
Balsominta.
Bete.
Borago.
Bugla.
Burneta.
Bursa pastoris.
Borago siluestris
Byllyse.

C.

Camamilla.
Calamintum.
Crassula maior.
Crassula minor.
Cituca.
Centaurea maior
Centaurea minor
Cara.
Celidonia.
Culamen.
Colewortes.
Coriandrum.
Capillus veneris.
Crocus.
Centonodium.
Capitolium.
Canabaria.
Costus.
Cepe.
Columbina.
Cominum.
Cardiaca.
Cisara.
Camelon.
Cauda pulli.
Cabochis.
Callus gallica.
Caulus agrestus.
Cimbaria.
Consolida maior.
Consolida minor.
Consolida media.

D.

Dragancia.
Diptanum.
Dancus Arrinꝰ.
Dens Leonis.
Dens canis.
Dancus creticus.
Dragācia feinina.

E.

Elena campana.
Endiuia.
Eruca.
Eufrasia.
Ebulus.
Edera.
Edera terrestris.
Euforbium.
Ellebor⁹ albus.
Ellebor⁹ niger.
Epatica.
Erpina.
Ebulus minor.

F.

Flaminula.
Fumus terre.
Fumiceretum.
Fragra.
Fabaria maior.
Fabaria minor.
Filix.
Filipendula.
Feniculum.
Farinus.
Fenicul⁹ poitin⁹.
Febrifuga.
Filago.
Flaminula.

G.

Gracia dei maior.
Granum.
Genestula.
Gencianus.
Galanca.
Granū solis Agrestis.
Gladiolus.

H.

Herba cruciata.
Herba xp̄oferi masculi.
Herba xp̄oferi femine.
Herba walteri.
Herba Roberti.
Herba Martis.
Hastuca regia.
Herba petri.
Herba Johannis.

I.

Iusquinianus.
Isopus.
Ireos.
Iris.
Iarus.
Iasia nigra.
Iasia alba.
Ipia maior.
Ipia minor.
Iacinct⁹ rusticus.

L.

Lanisticum.
Lingua ceruina.
Lilium.
Ligustrum.

Lingua Bouis.
Lingua serpentis
nai or.
Lingua canis.
Lingua hircina.
Lupinus.
Labrũ veneris.
Lauendula.
Lactuca.
Lactuca syluatica.
Lactuca leporica.
Lollium.
Lappaciũ rubeũ.
Linum.
Lauriola.
Licorisia.
Lappa.
Lappa minor.

M.

Millefolio.
Mercurialis.
Mentũ.
Menta romana.
Malua.
Morell or nyghte
hadowe.
Mastyke.
Magerum.
Millefoliũ maior.
Motherworte.
Maces.
Menta.

N.

Nux muscata.
Napus.

O.

Olibanus.

P.

Pruna.
Piper.
Pympernell.
Pulegium.
Pencedanum.
Petrocilium.
Pertrorium.
Pastinaca.
Plantago.
Porrum.
Peretrum.
Papauer.
Polipodium.
Pieniun.

M.

Muynckkoyle.

R.

Rybworte.
Reed nettle.
Rosa.
Rosemary.
Ruta.

S.

Sinapium.
Sinalage.
Saluia.
Satureia.
Saxfrage.
Scabiosa.
Sothernwood.
Syngrene.
Strychworte.
Scamony.
Senc.
Selondyne.
Sauayne.
Scabyous.

T.

Caplu barbatus.
Towne cresses.

V.

Uyolet.
Ua suauis.
Ueruayne.

W.

water Cresses.
wylde nieppe.
wormwood.

FINIS.

Cum priuilegio.

¶ Imprynted by me Rychard Banckes / dwellynge in Lõdõ / a lytel fro þ Stockes in þ Pultry / þ. xxb. day of Marche. The yere of our lorde. M.CCCCC.x.xb.